

ASTR 421

Stellar Observations and Theory

Lecture 14

Pulsating & Variable Stars

Prof. James Davenport (UW)



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Today

- Why do stars vary their brightness?
 - How do we study variable stars?
 - (Some) Types of variable stars
-
- Pulsating variables
-
- Read: BOB Ch 14



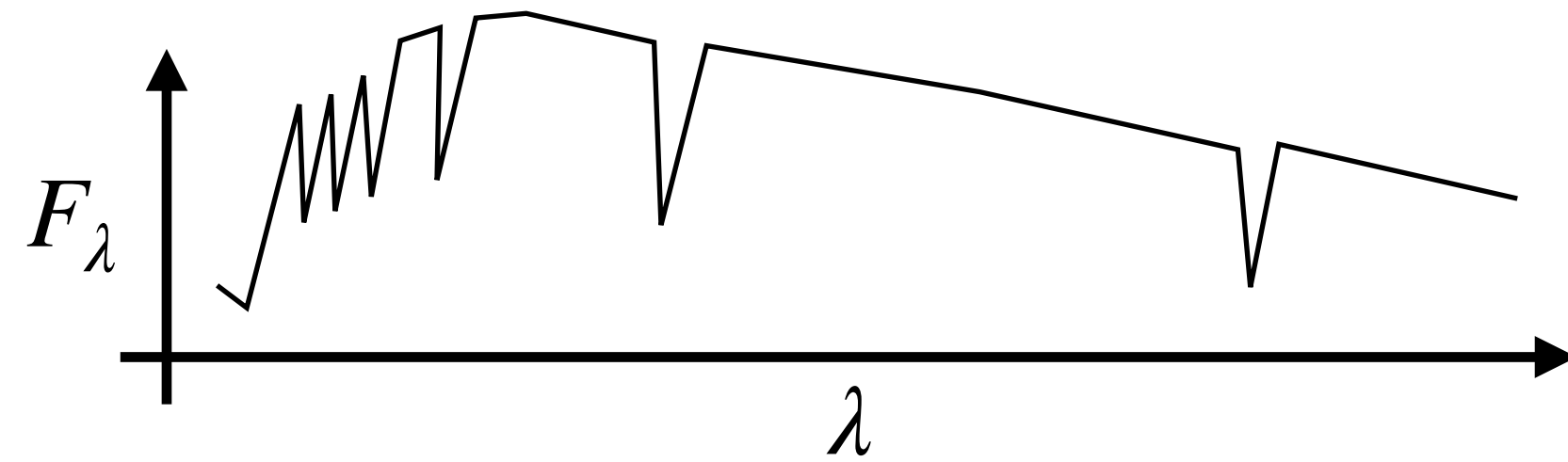
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PART I

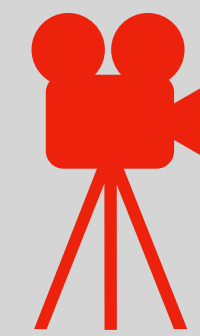
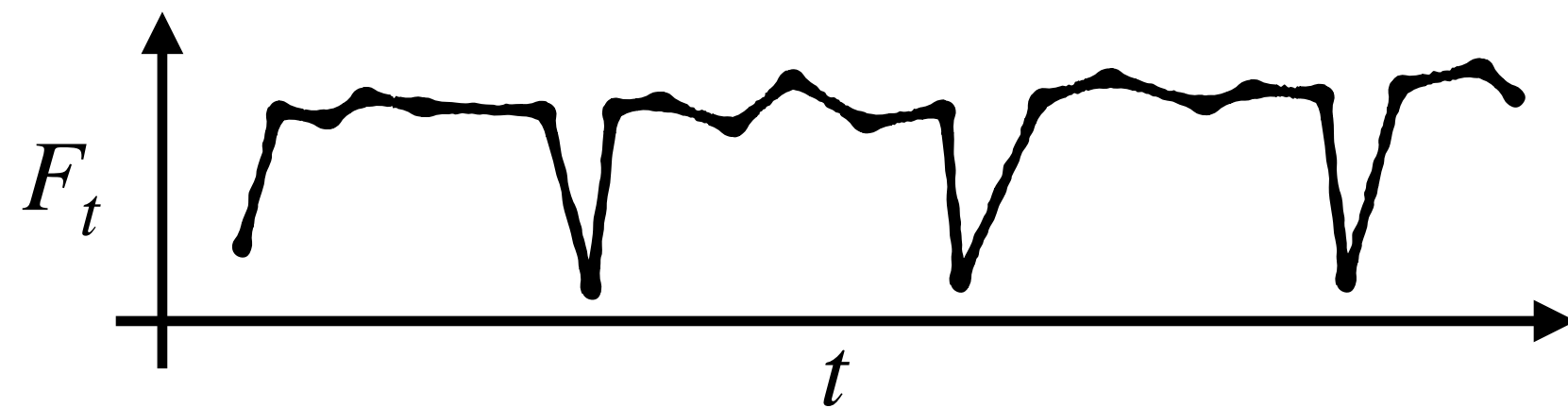


Why study brightness variations?

- Spectroscopy (F_λ) is expensive, especially in time!

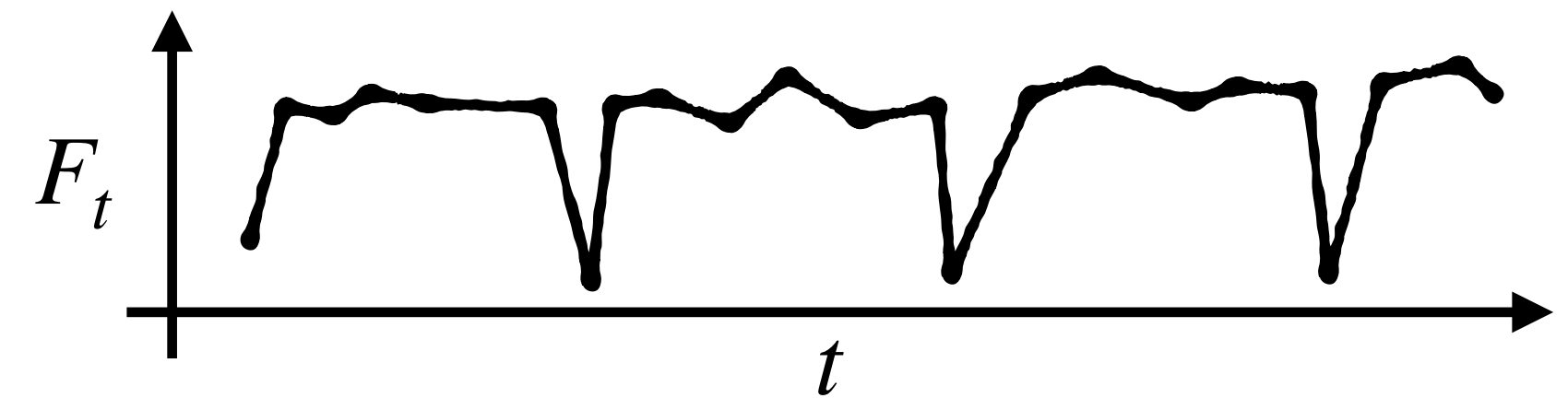


- Time-domain information (AKA light curves, AKA time series) (F_t) can be gathered for MANY stars simultaneously, and with smaller telescopes, gives us a “power spectrum”



Why study brightness variations?

- Power spectrum maybe *not quite* as informative as wavelength spectrum, but it's close... and we're STILL learning to read it!
- Very active area(s) of research
- (IMO) we're in the middle of a massive leap forward in studying stars with time-series!
- Time series reveal unique properties (taken with spectra is super combo!)



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Why study brightness variations?

- We get data for “free” from other programs
 - Transiting exoplanet surveys (e.g. Kepler, TESS, KELT)
 - SNe or cosmologically-focused surveys (e.g. ZTF, LSST)
 - Astrometry missions (HIPPARCOS, Gaia)
- *Many* other “time-domain” surveys, primarily in optical & NIR
 - e.g. ASAS-SN, Evryscope, WISE, VVV
 - Lots of places to go check for data!

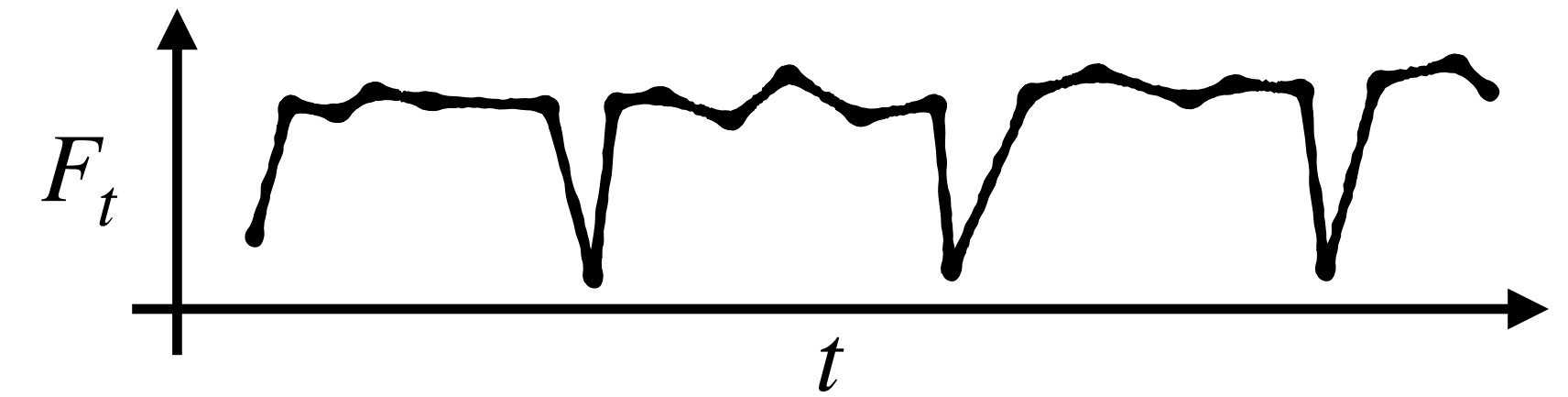


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What causes stars to vary in brightness?

*Not an exhaustive list...

- Broadly, variability is due to either:
- **Intrinsic changes from the star**
 - variations of the stellar spectrum (or “spectral energy distribution”, SED)
 - Eruptions, transient events, pulsations, accretion, dust formation, spots...
- **Extrinsic changes, along the line of sight**
 - Physical blocking/occluding of light, by a wide variety of objects!
 - Occasionally blocking star & *adding* flux (e.g. lensing)

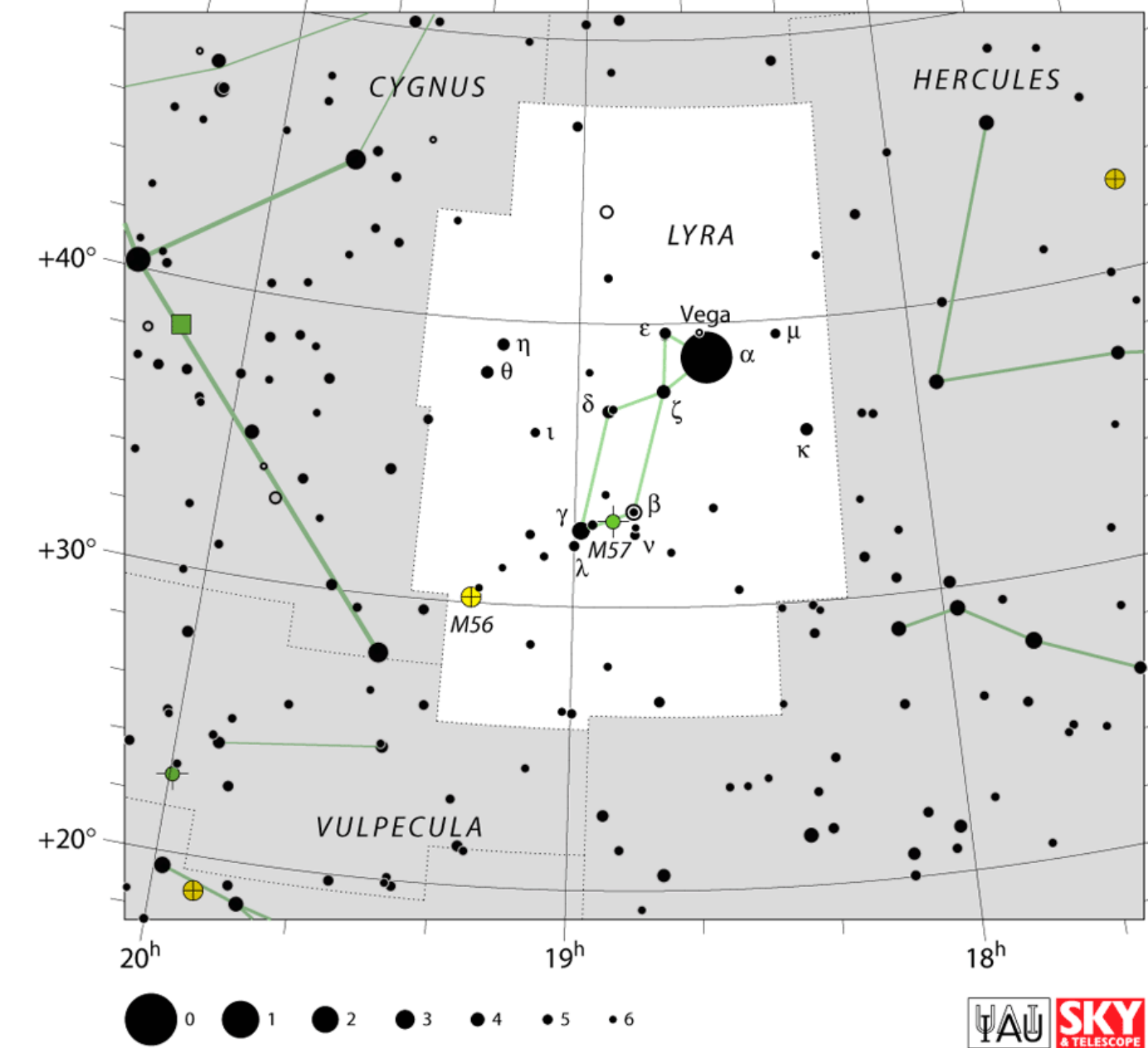


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Aside: Variable Star Designations

https://en.wikipedia.org/wiki/Variable_star_designation

- A very historical topic...
 - **New types of variable stars are named after the first star discovered in that class (the “prototypical” star)**
 - Named based on the brightness ordering of stars within constellations...
 - e.g. α Lyrae (aka VEGA), β Lyrae... (“Bayer designation”)
 - When you run out of Greek letters, you switch to letter combos (R - Z, then RR.... Up to ZZ)
 - And then at some point just just *V# Constellation*
 - **This is confusing and inconsistent!**



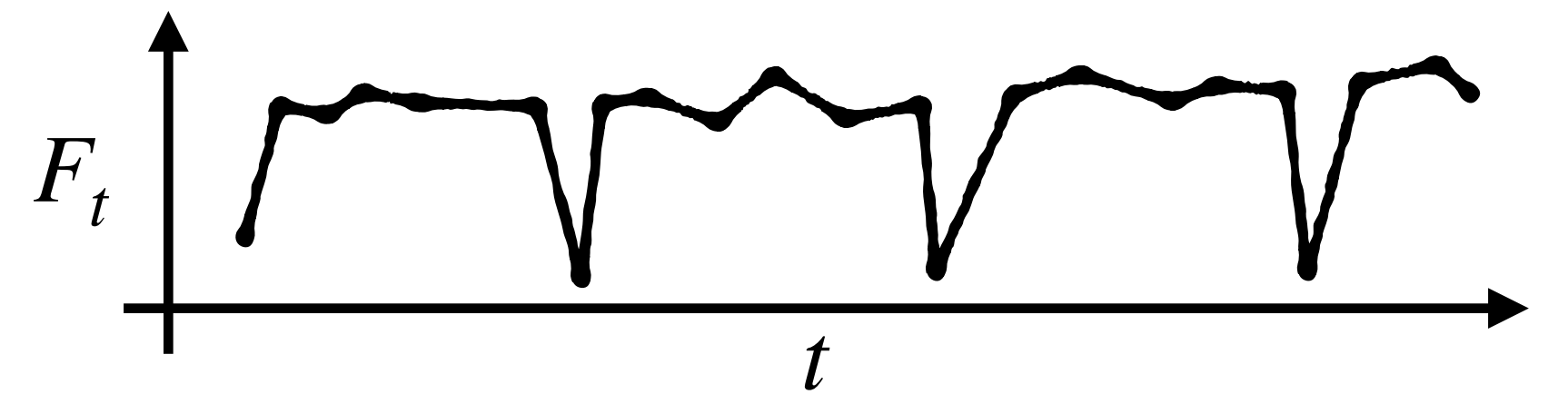
<https://www.iau.org/public/themes/constellations/>



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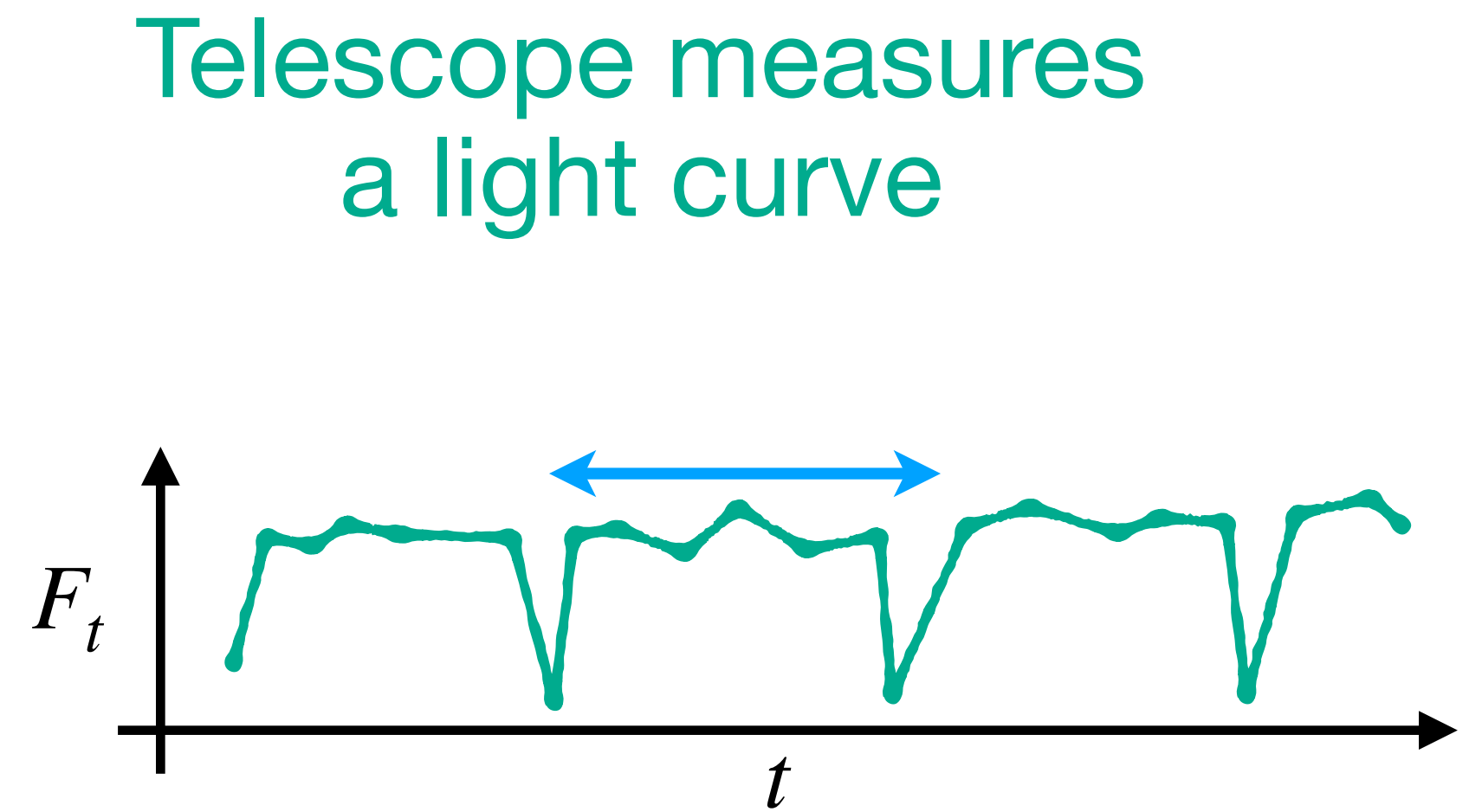
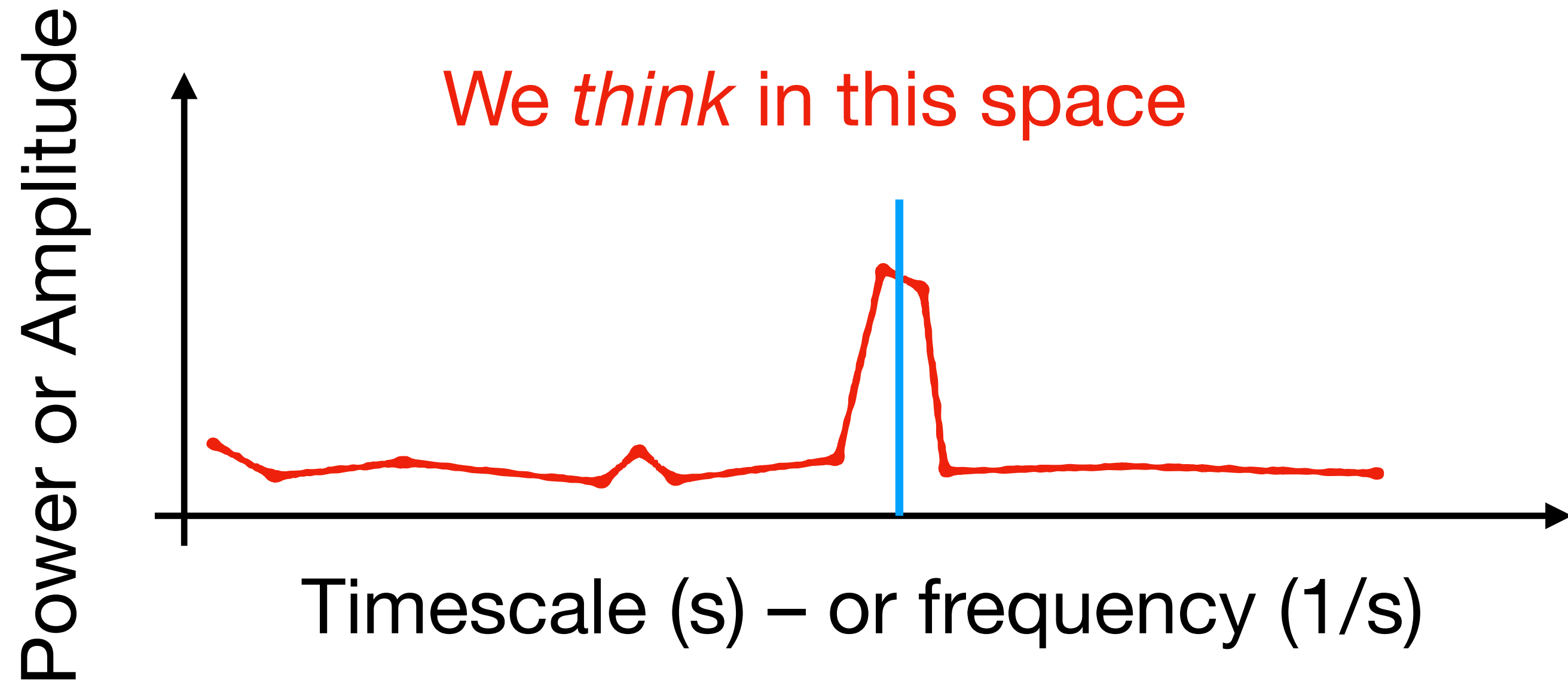
Variability: Connecting *Timescales* to Stars

- Our goal is to connect the **variations in brightness** (& maybe λ) to physical processes or **properties of the star**.
- Stars can (& often do) change at all timescales: seconds-minutes-hours-days-years-centuries... Gyr.
- The *observable* parameters for a given process:
 - The timescale (t) of the process
 - The amplitude (ΔF) of the resulting variation
 - Both *can* be λ dependent, but especially ΔF_λ



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Variability: Connecting *Timescales* to Stars



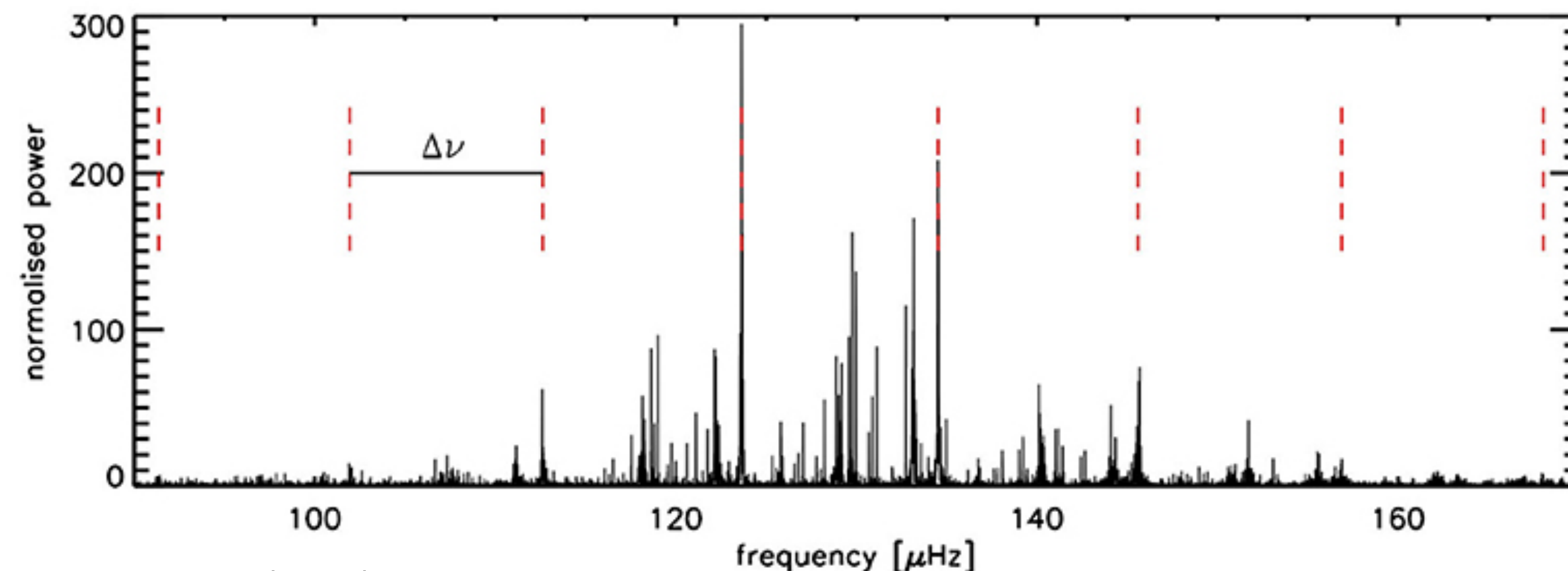
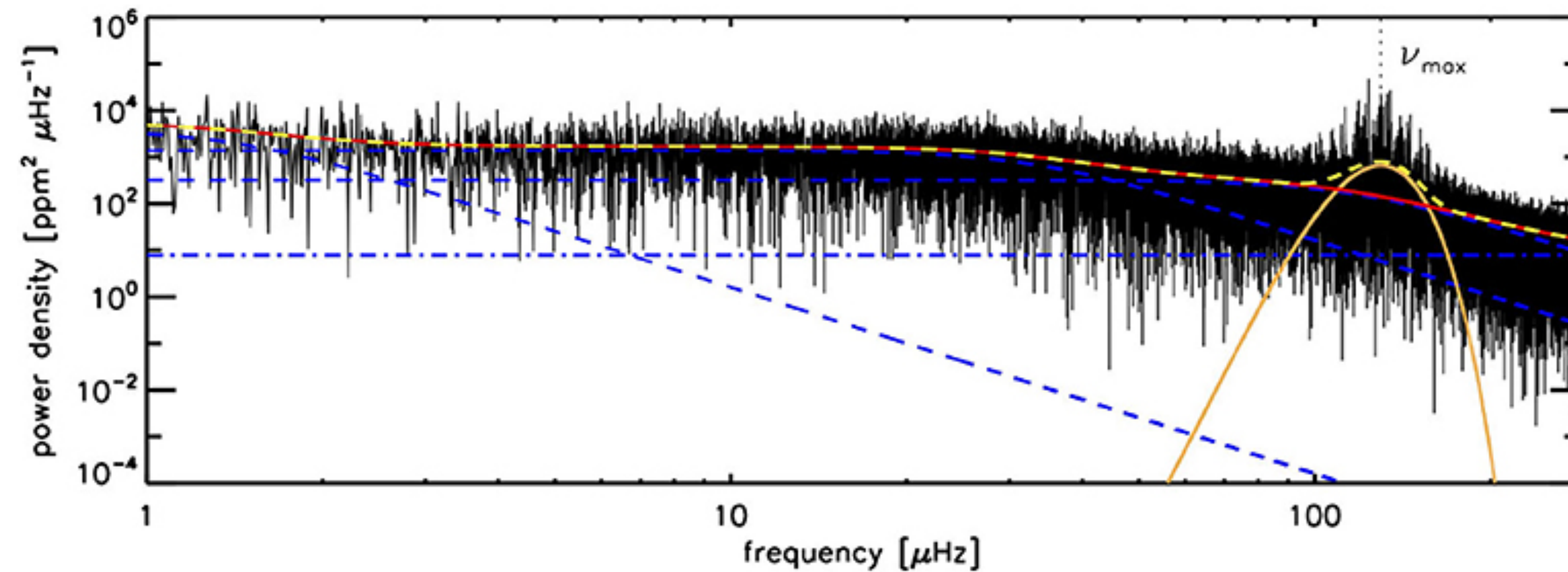
Remember your friend the Fourier Transform,
and it's handy pal the FFT
(and *many* other ways to do related transformations)



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Power spectra

Sometimes: Power spectral density (PSD)
See also: Periodogram



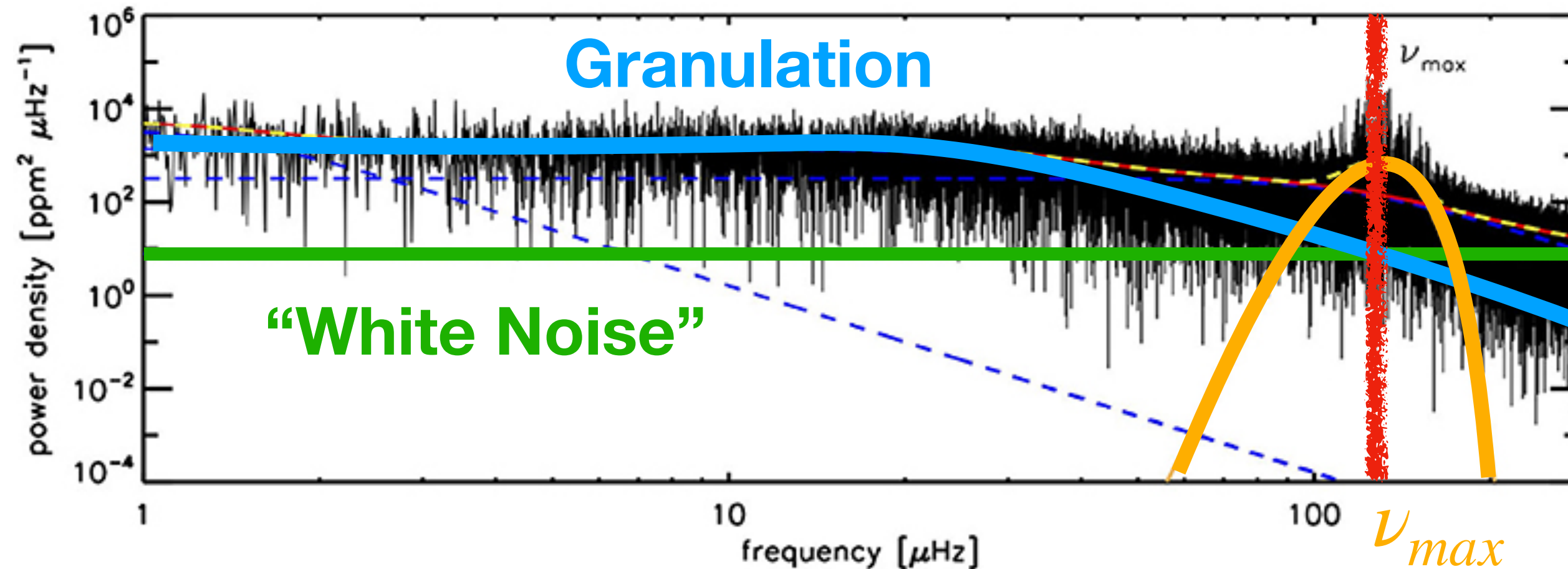
- Need thousands of brightness measurements, high precision, over a wide range of timescales
- Can be used for both intrinsic and extrinsic variability sources (simultaneously even!)



Power spectra

Sometimes: Power spectral density (PSD)
See also: Periodogram

Compare to classical spectra



- Need thousands of brightness measurements, high precision, over a wide range of timescales
- Can be used for both intrinsic and extrinsic variability sources (simultaneously even!)

- Can measure **specific frequencies** or periods (think about lines)

or **general shapes** (think about continuum)



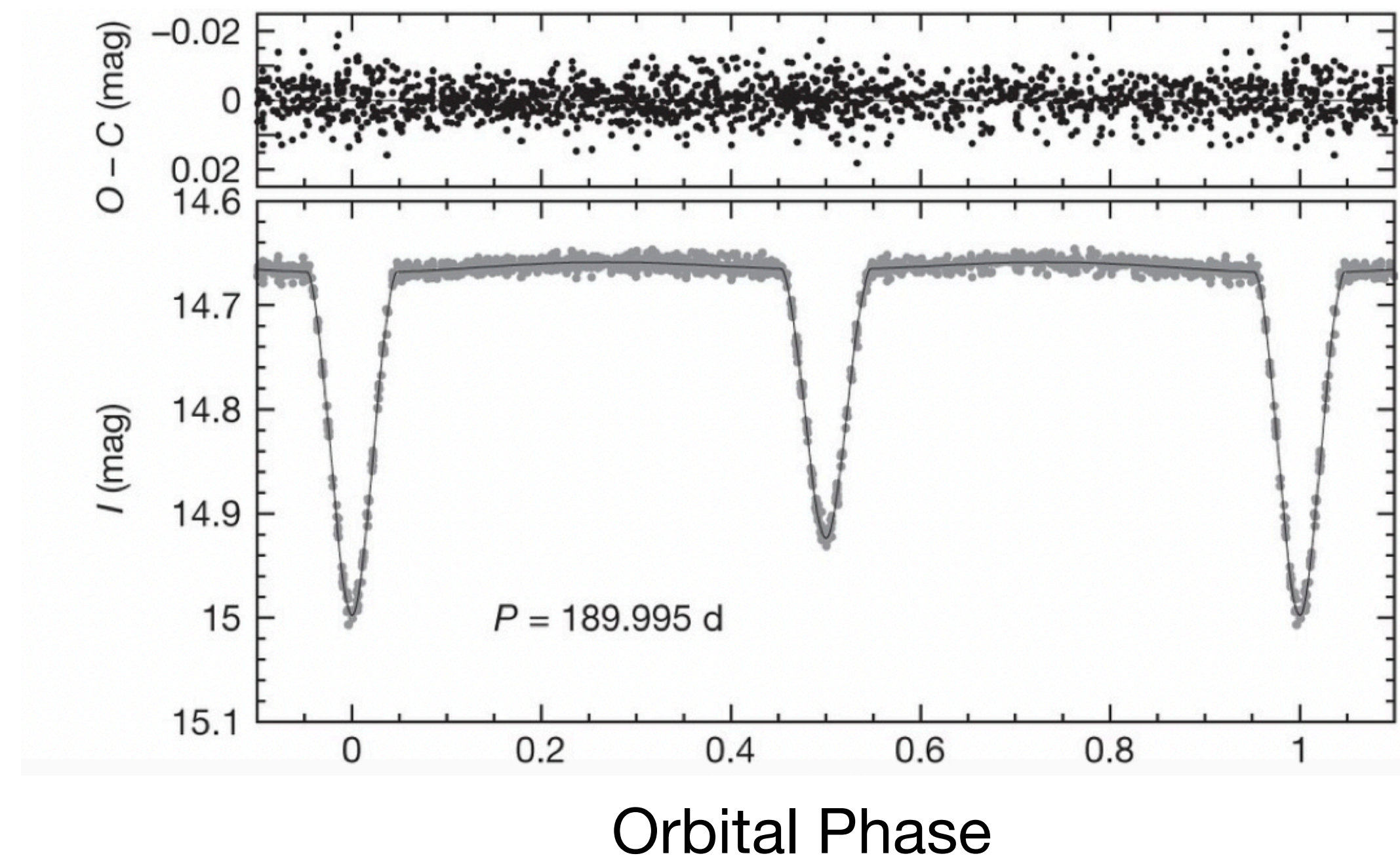
Let's explore some types of variability!



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Eclipses

- Usually periodic (driven by orbital dynamics)
- Usually causes light curve to get *darker* (blocking light)
 - Exception: gravitational lensing!
 - depth (and duration) due to ratio of radii
- Binaries: Detached, semi-detached, contact
- For exoplanets, assume small and opaque circle covering star. **Mandal & Agol (2002)**



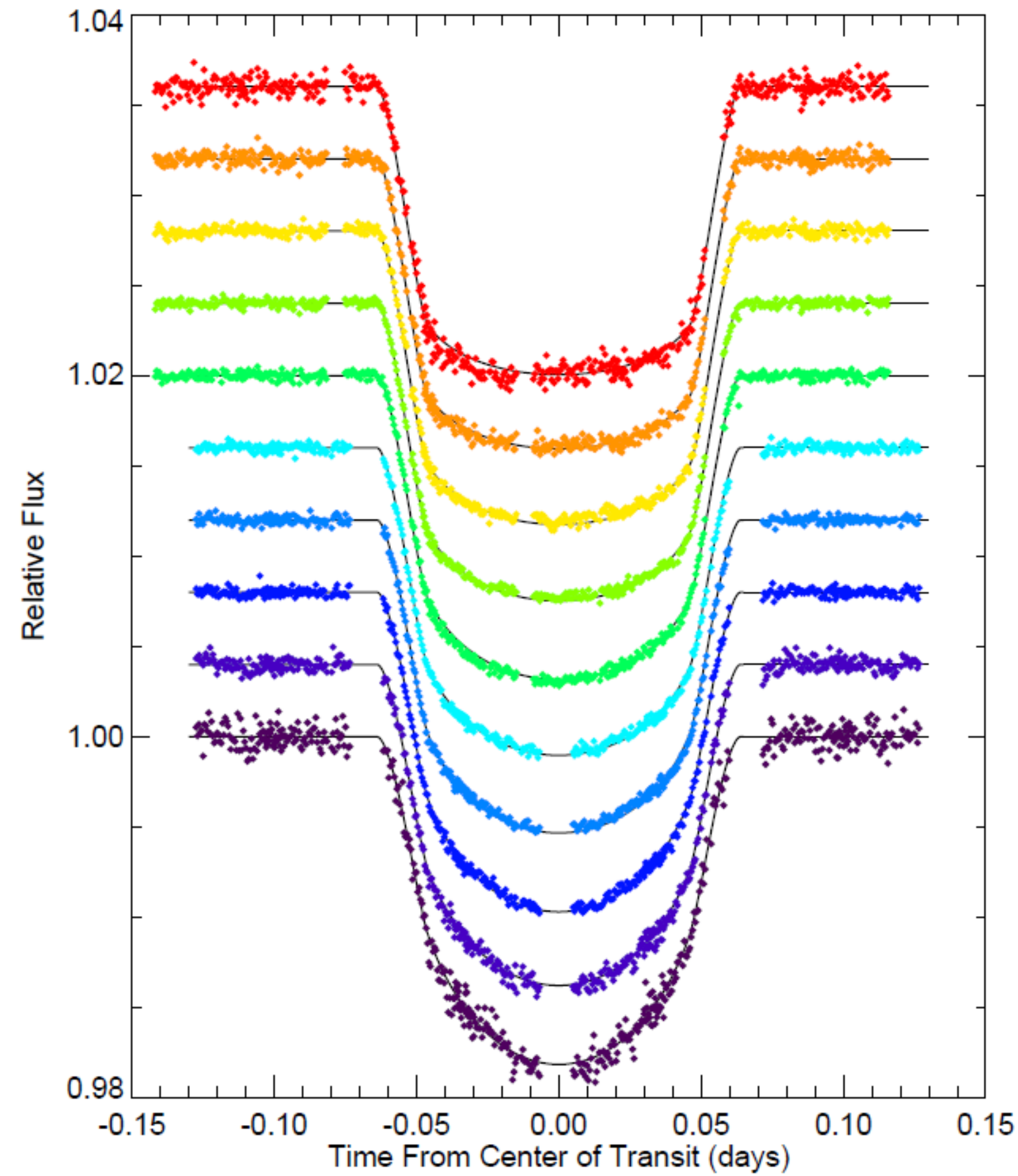
Pietrzyński et al. (2013)



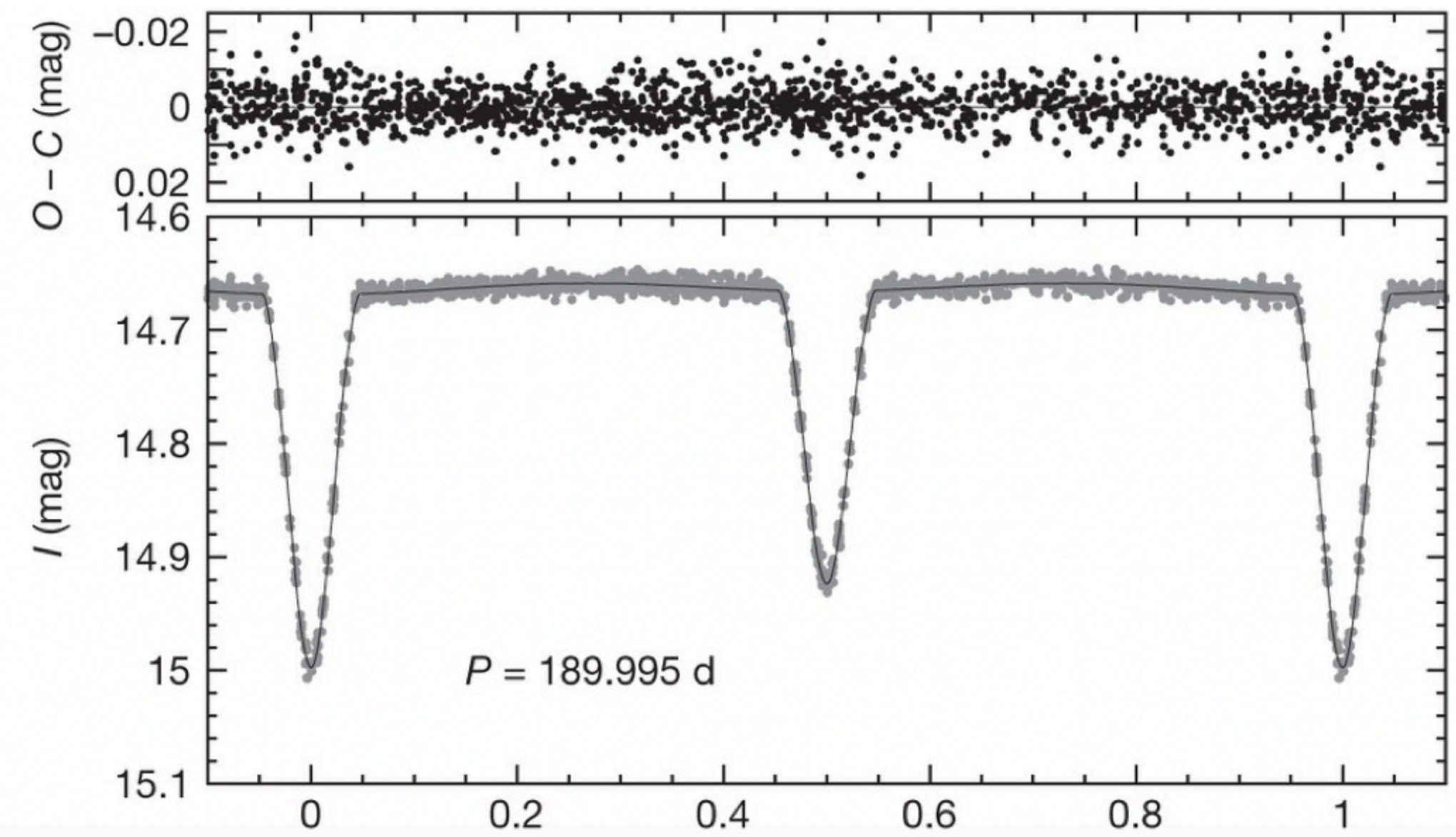
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Eclipses

Constraining limb darkening!



Knutsen+2007



Orbital Phase

Pietrzyński et al. (2013)

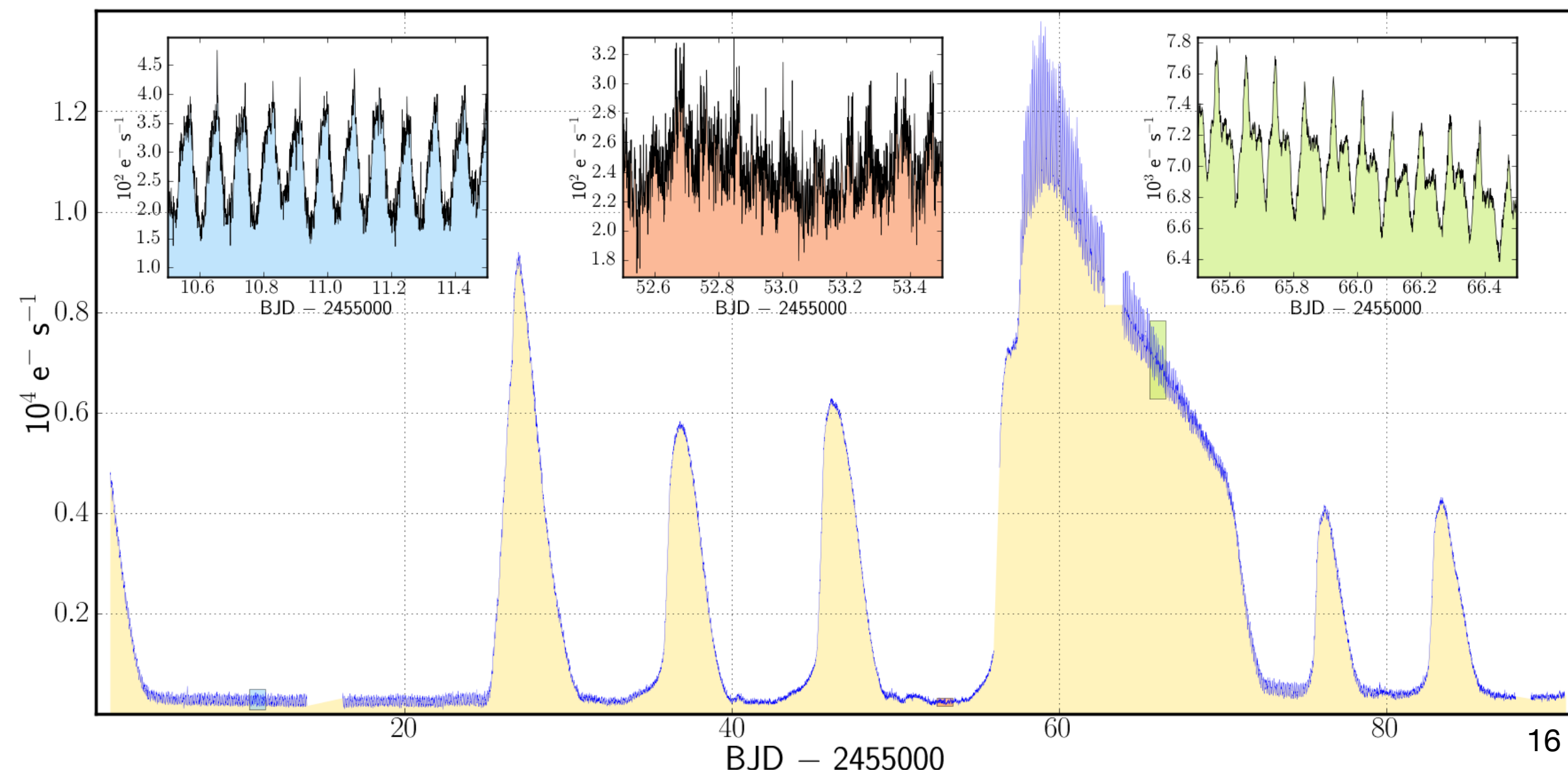
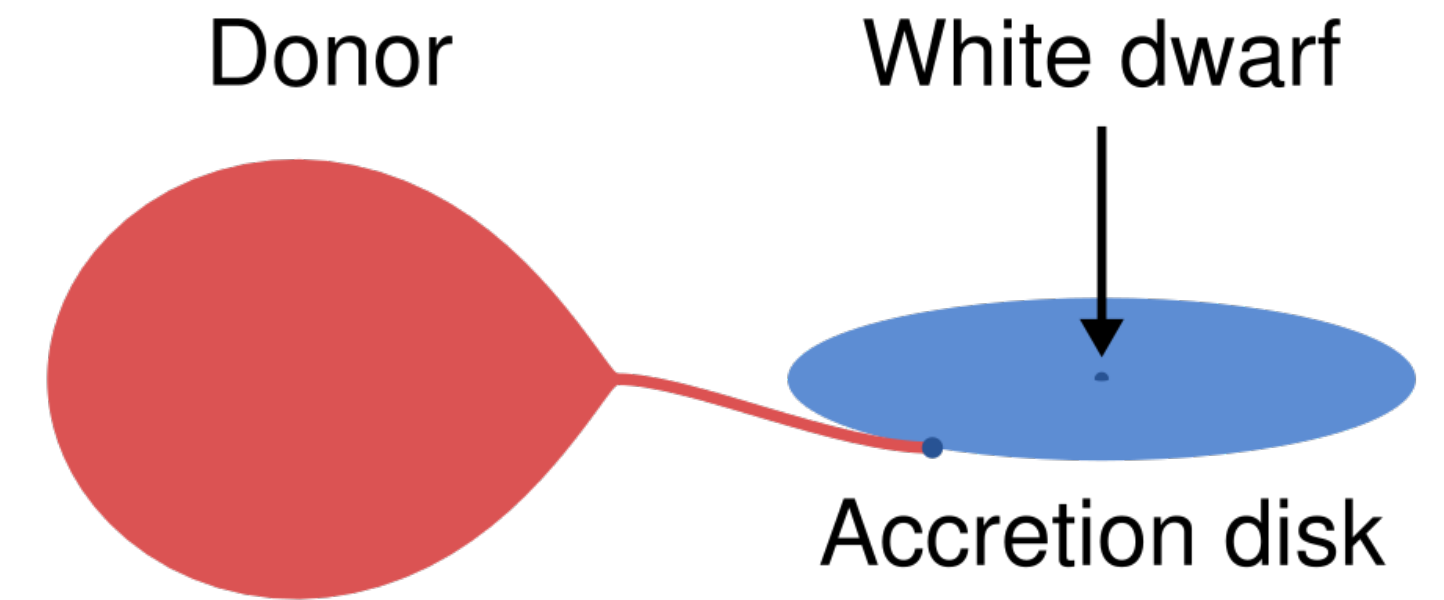


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Other Binaries

- Many kinds of binary star systems...
(we could teach a whole course on binary stars!)
- One noteworthy example: **Cataclysmic Variables (CVs)**
- Highly variable due to accretion, including enormous & sometimes repeating outbursts (dwarf novae)

https://commons.wikimedia.org/wiki/File:Cataclysmic_variable.svg



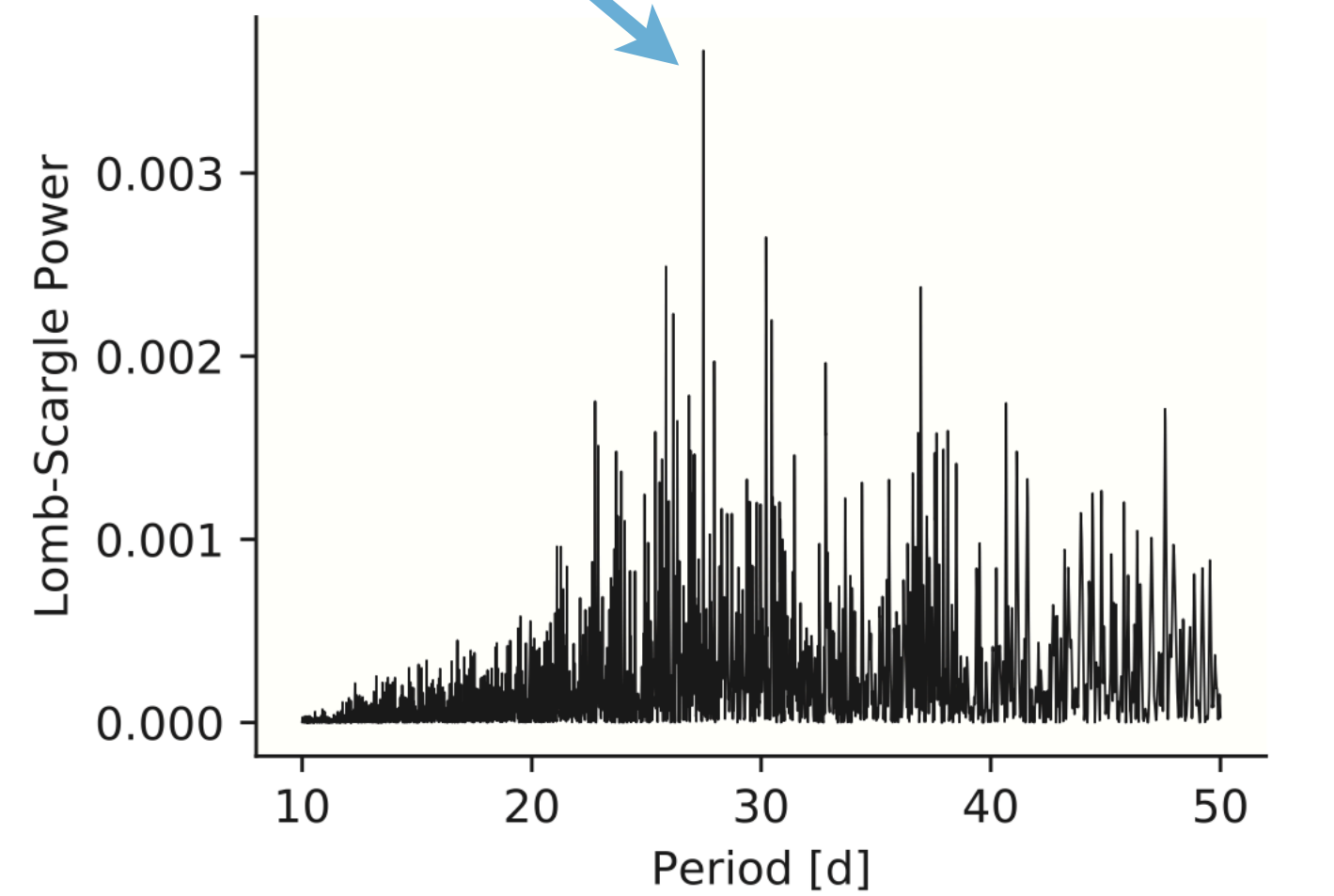
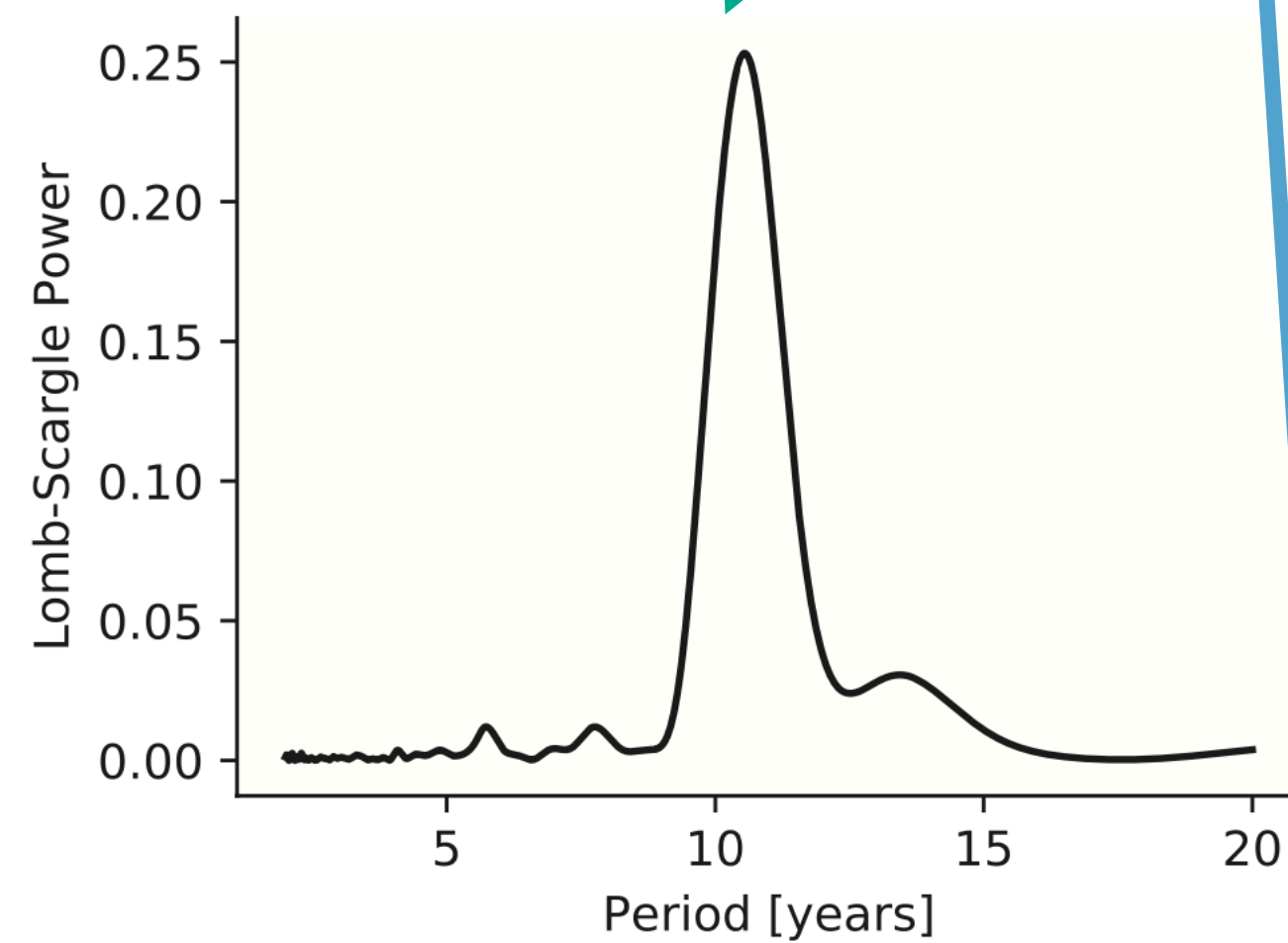
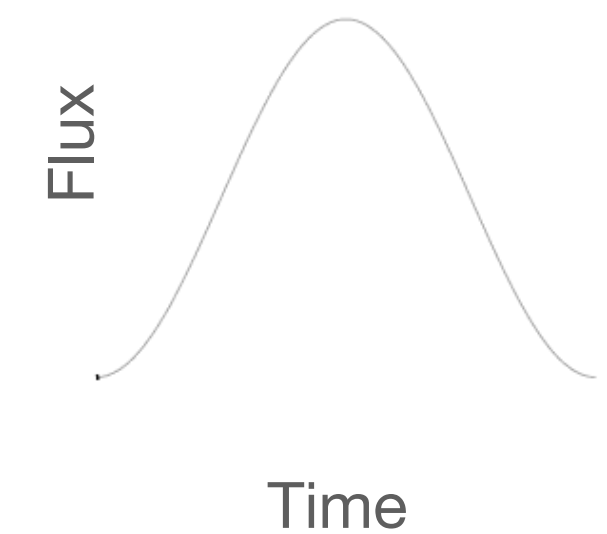
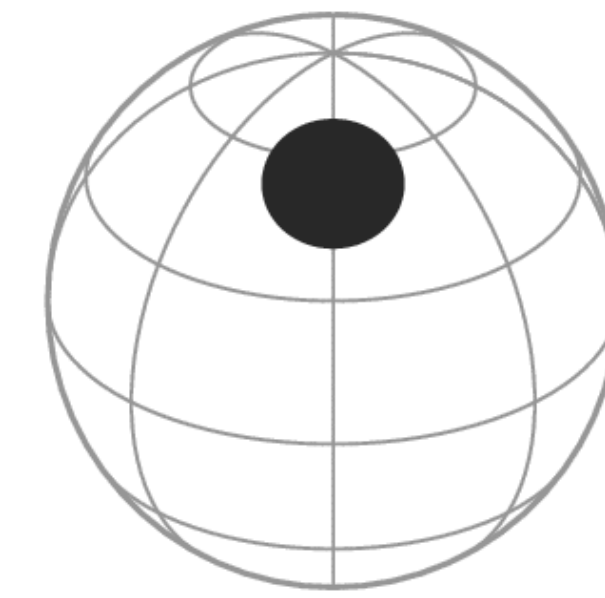
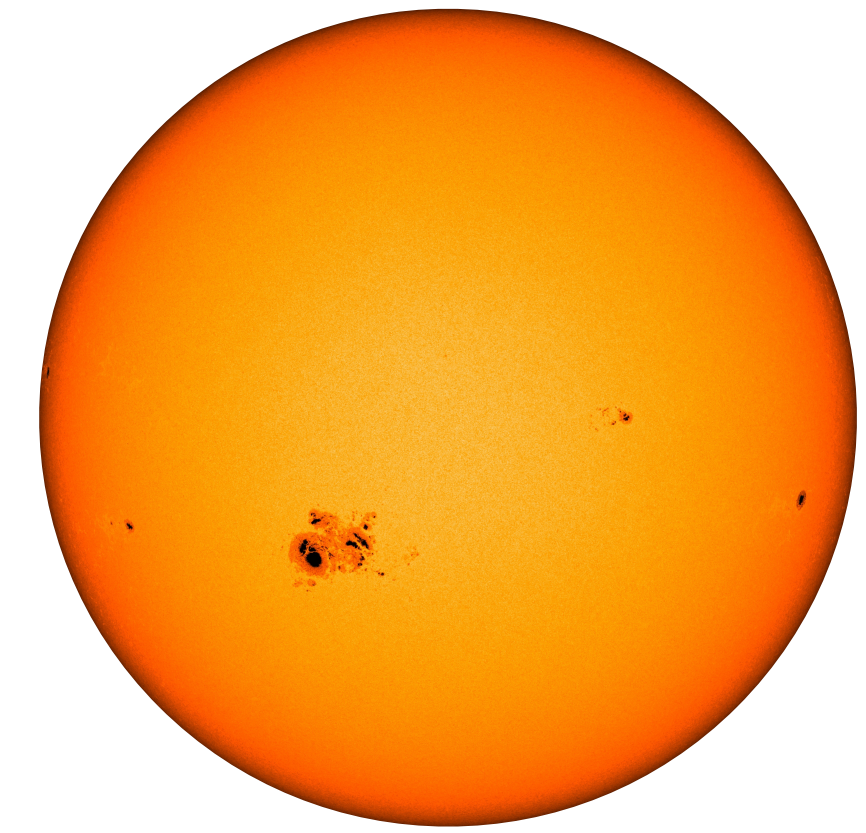
V344 Lyr



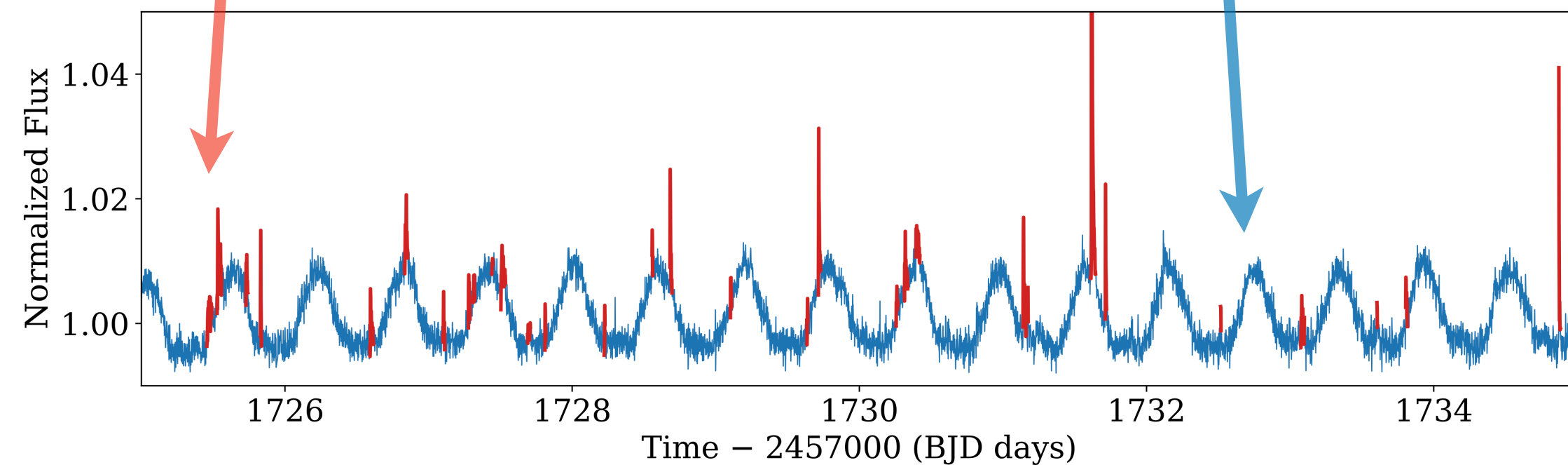
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Magnetic Activity

- Flares (minutes-hours), spots (days-weeks), faculae (weeks), activity cycles (years)



Morris+2019

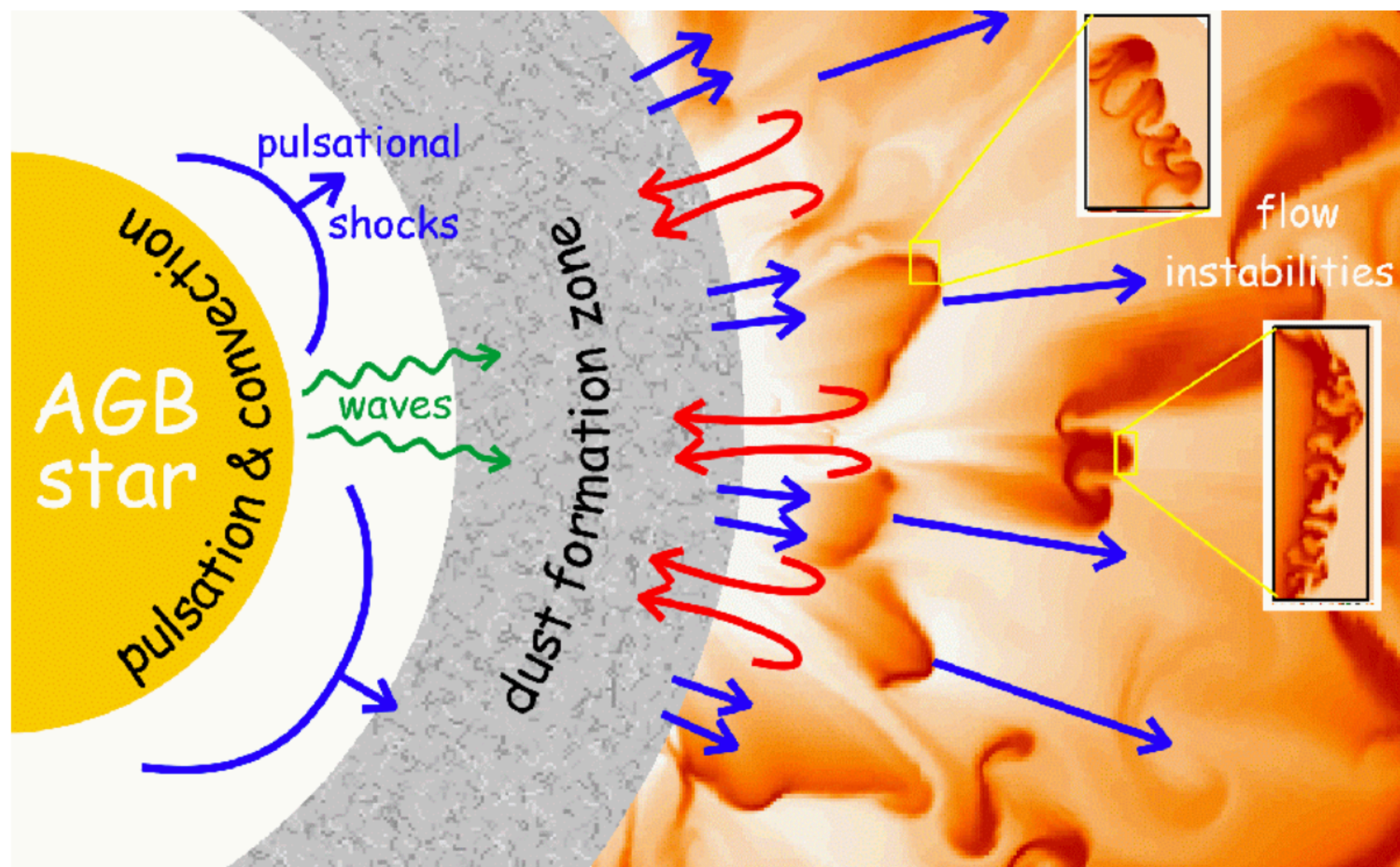


Davenport+2020

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Opacity driven dust formation (e.g. AGB stars)

At very large radius, material cools, forms dust.



Dust has VERY high opacity, blocks light from star well.

Radiation pressure ejects dust!

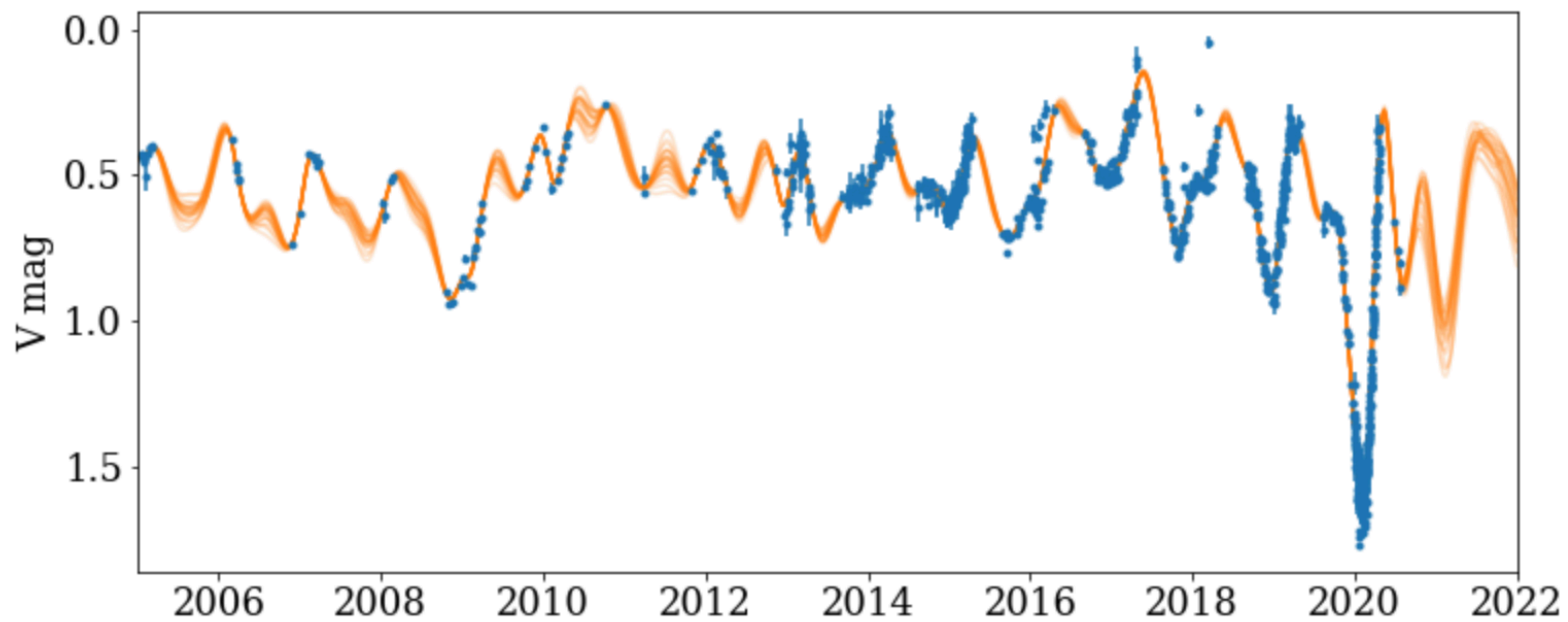
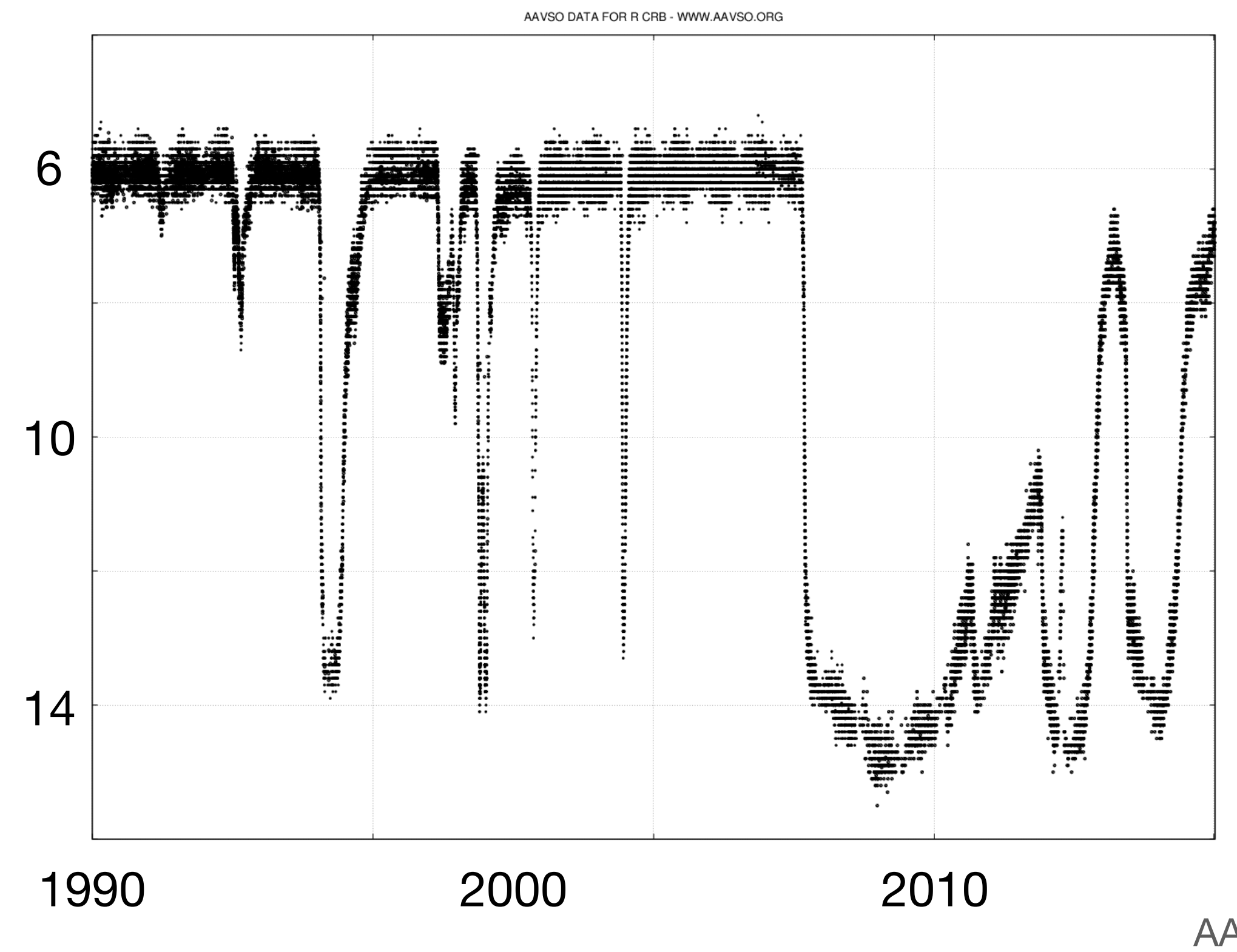
http://www-star.st-and.ac.uk/~pw31/AGB_popular.html



Dust Formation

- The most dramatic of these: R Coronae Borealis (R CrB)
- Also very famous: Betelgeuse (α Ori)

m_V



<https://github.com/jradavenport/betelgeuse>



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PART II

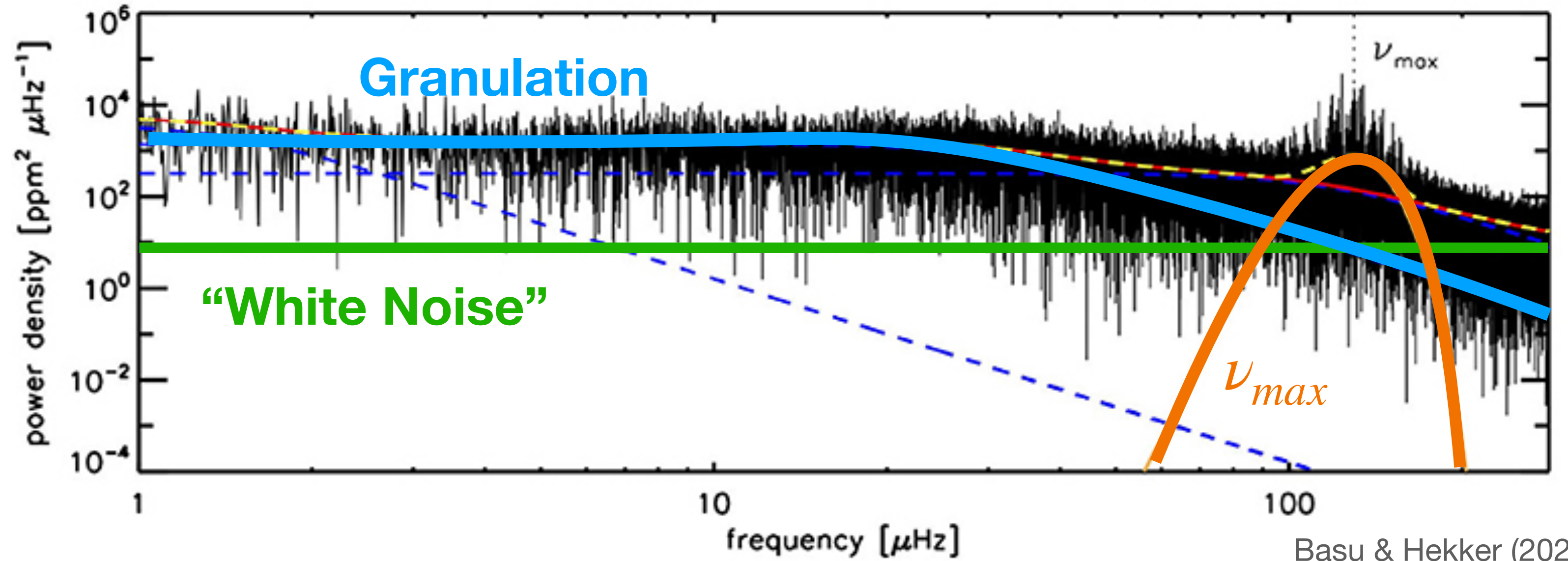


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Pulsation

- Asteroseismology
- Based on solar-scaling

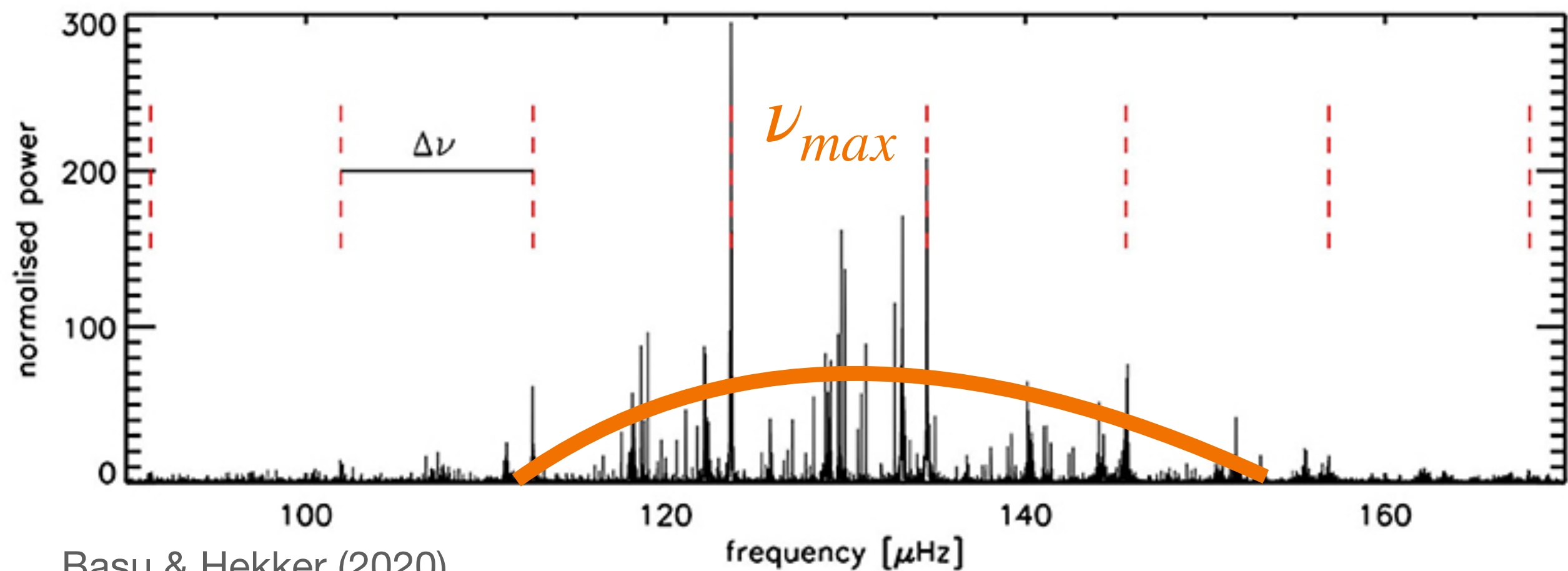
Ulrich 1986, Brown+1991



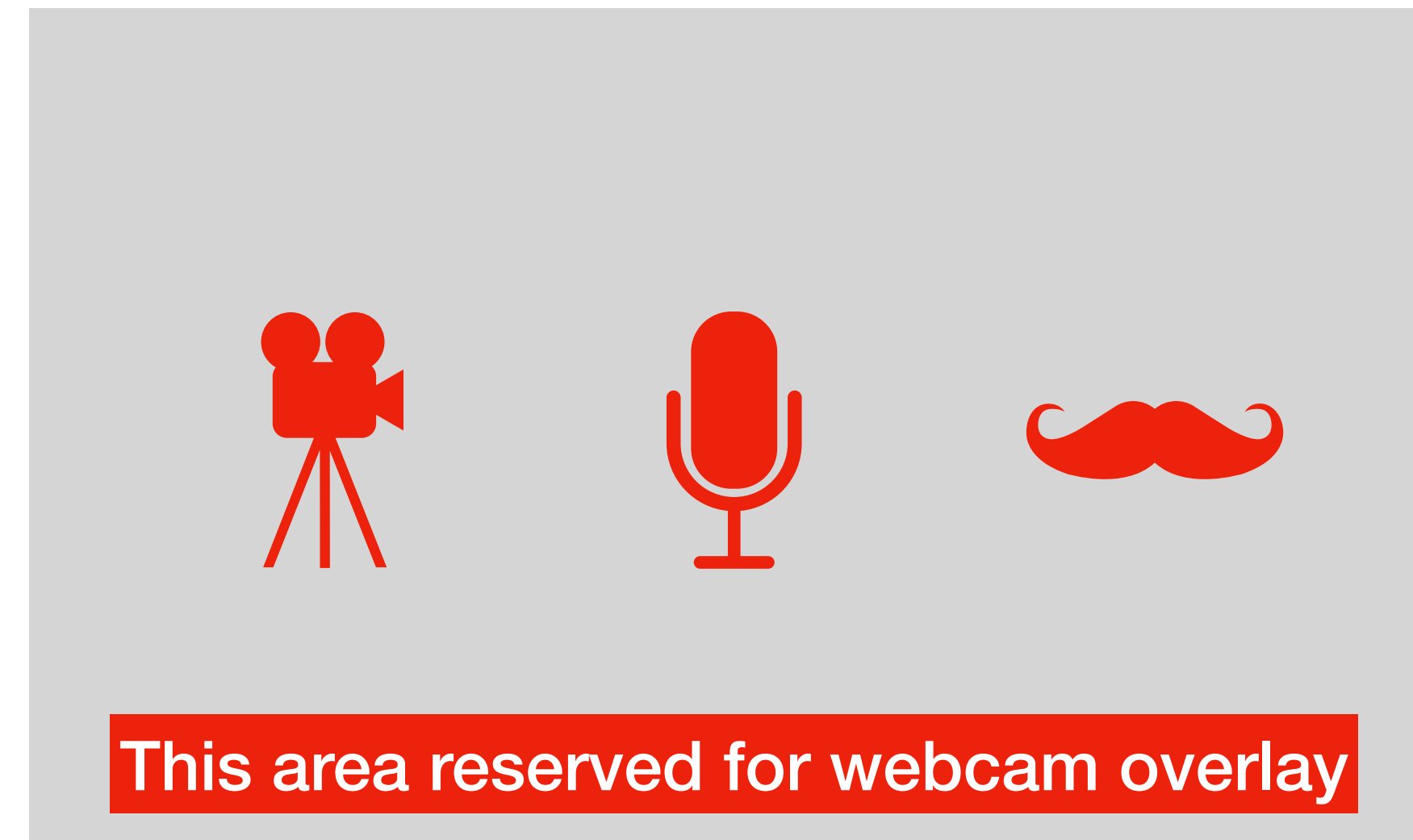
Basu & Hekker (2020)

$$\left(\frac{\langle \Delta\nu \rangle}{\langle \Delta\nu_{\odot} \rangle} \right)^2 \propto \frac{\bar{\rho}}{\bar{\rho}_{\odot}}$$

$$\frac{\nu_{max}}{\nu_{max,\odot}} \propto \frac{M}{M_{\odot}} \left(\frac{R}{R_{\odot}} \right)^{-2} \left(\frac{T_{eff}}{T_{eff,\odot}} \right)^{-1/2}$$

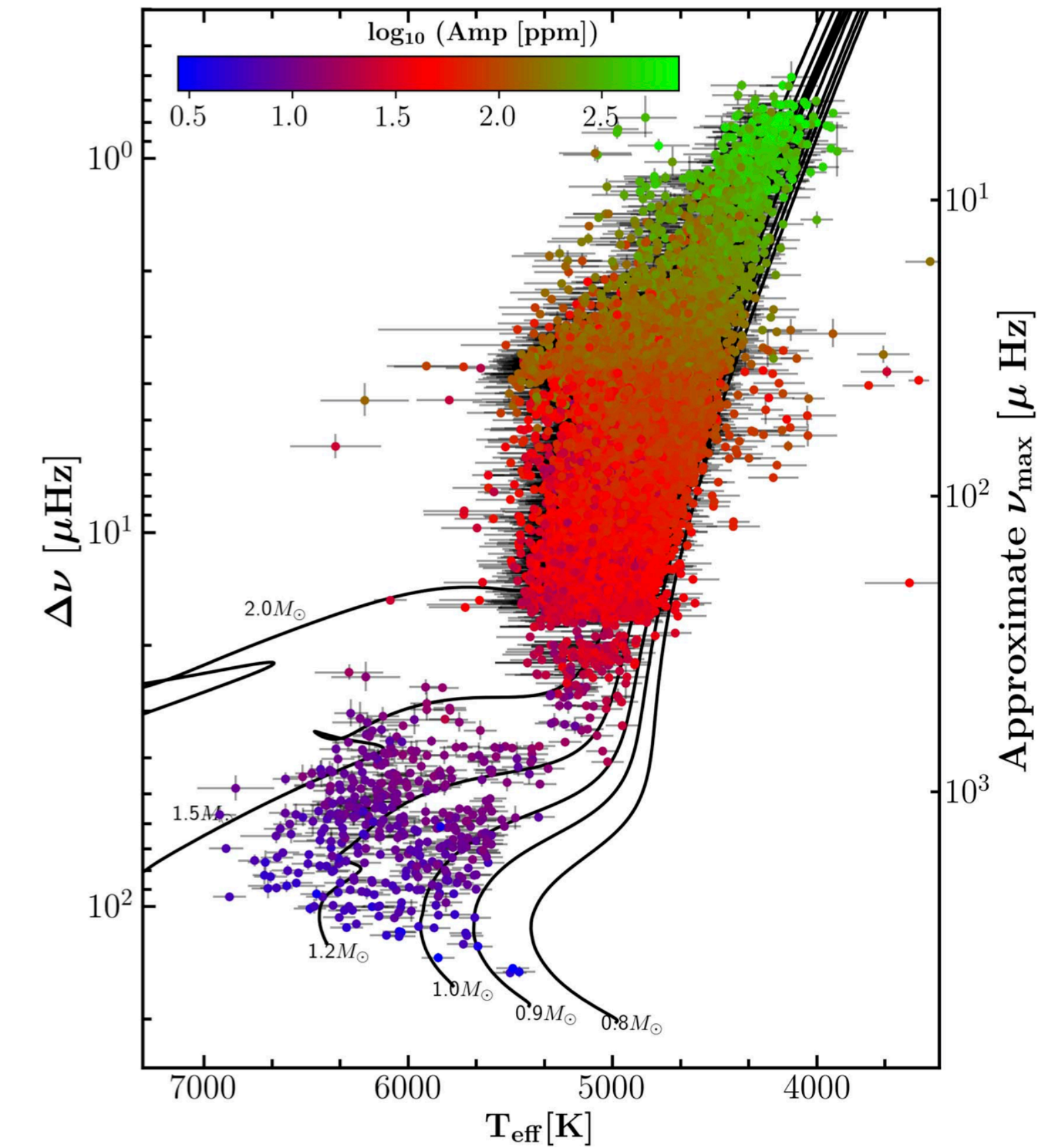


Basu & Hekker (2020)



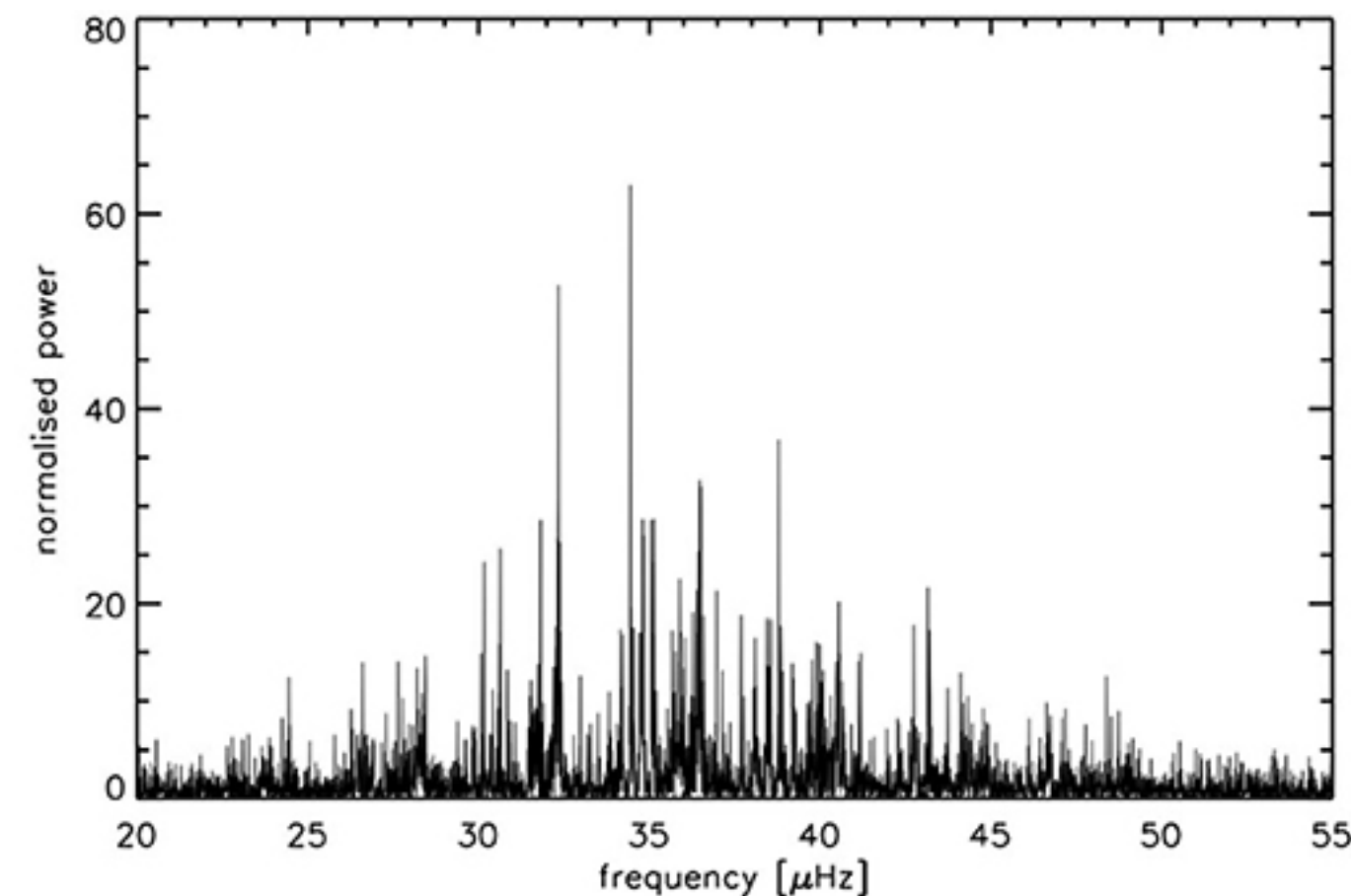
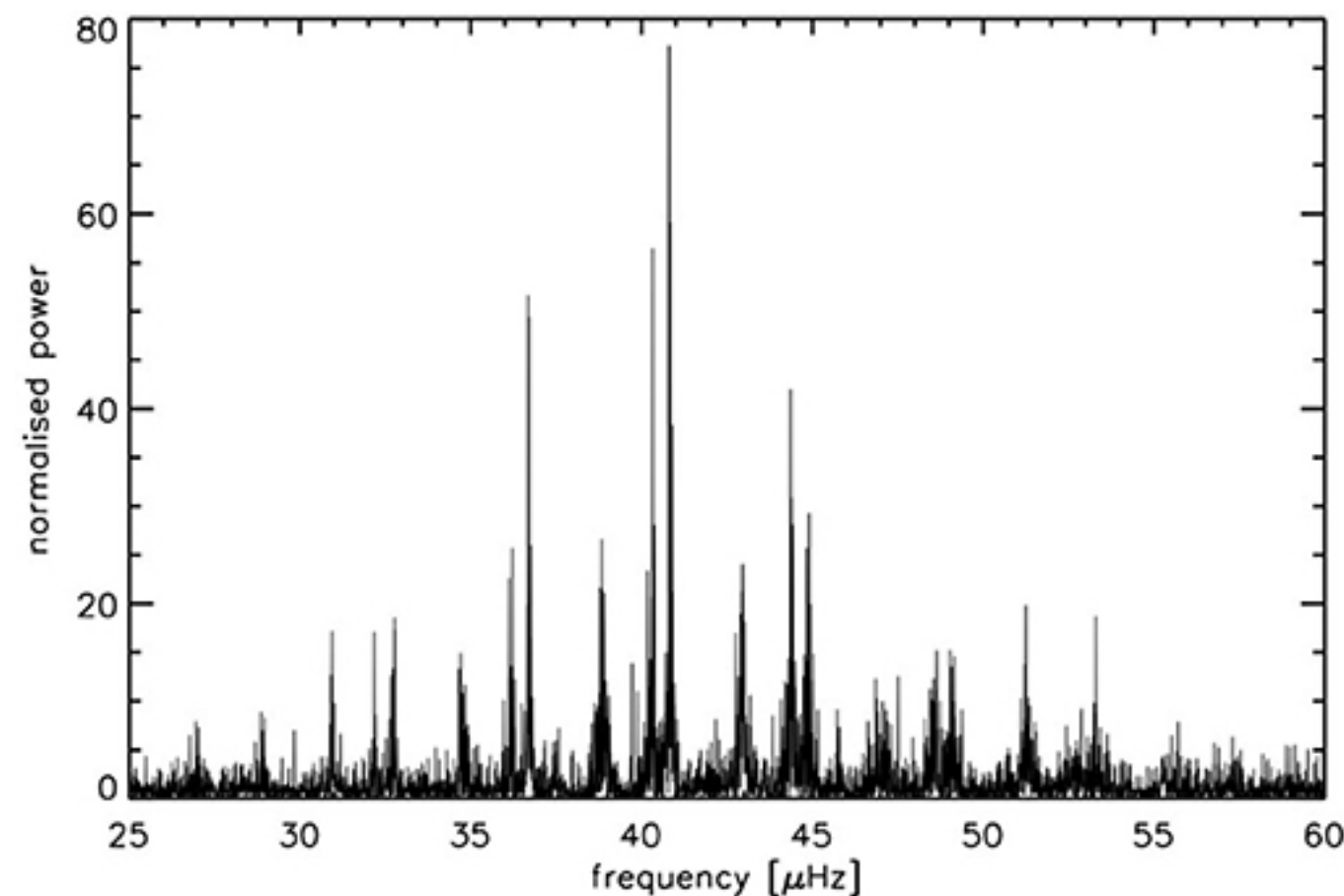
Pulsation

- **Asteroseismology**
- VERY useful for estimating properties of giant stars
- If you combine w/ $[Fe/H]$ & better models (isochrones), can estimate *age*!



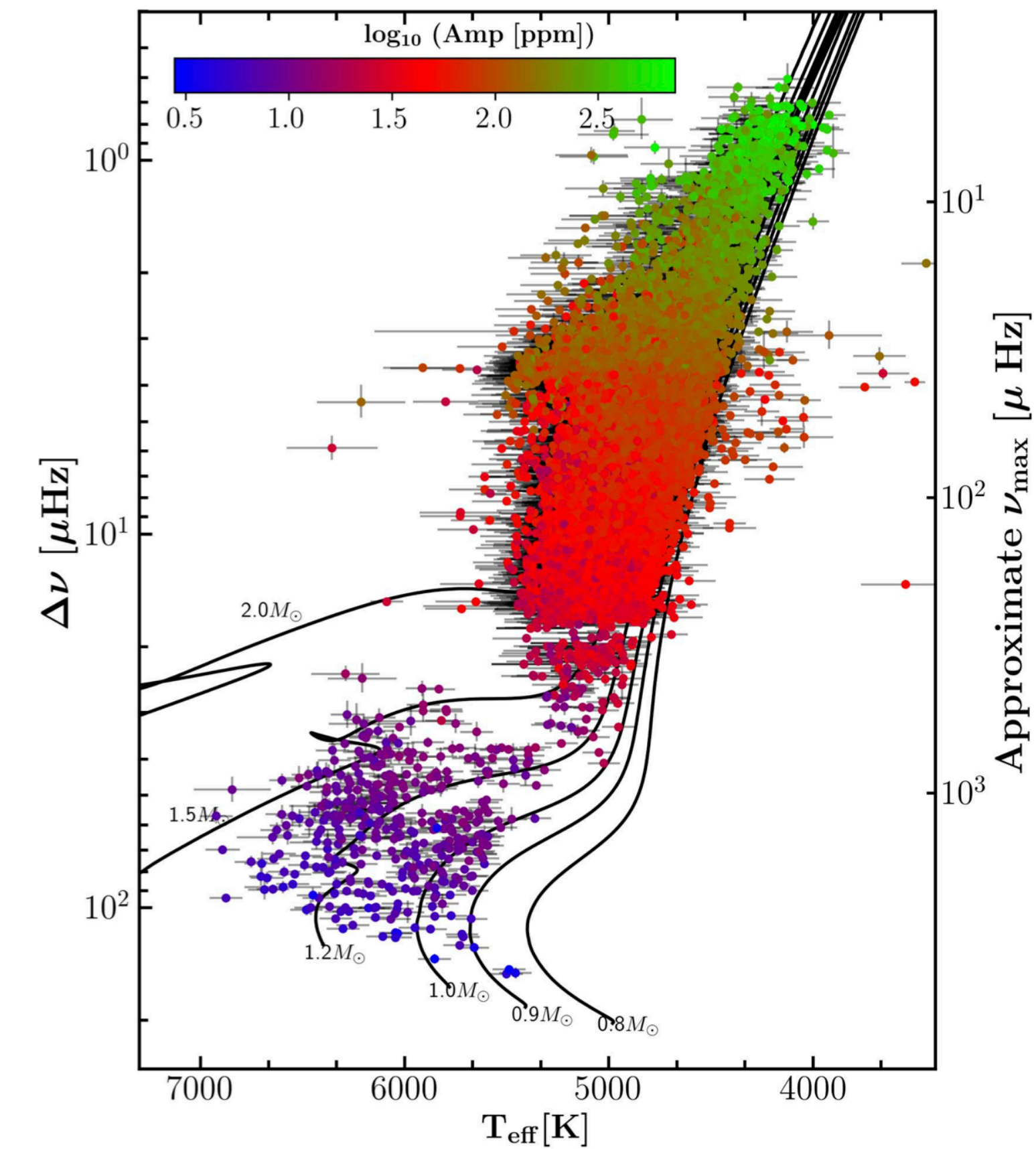
RGB

“Red Clump”
aka horizontal branch stars



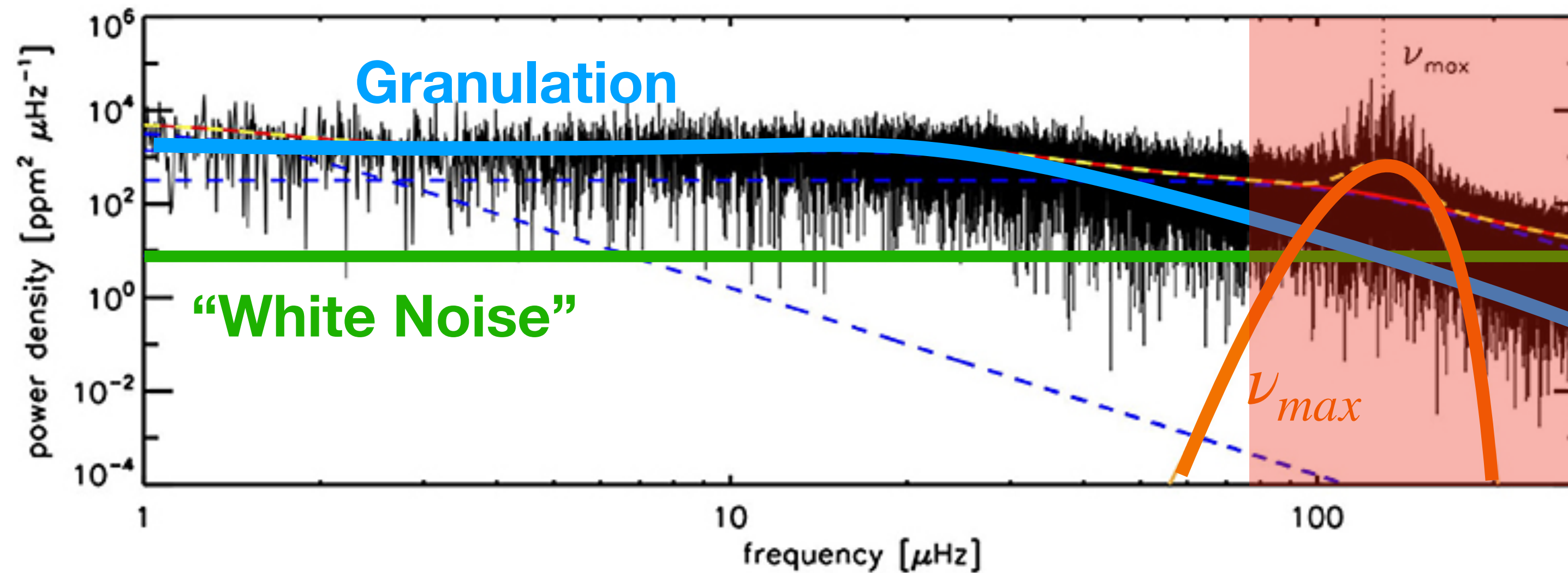
Pulsation

- **Asteroseismology**
- Generally limited to giant stars... timescales & amplitudes for main sequence stars are *small!*



Pulsation

- **Flicker**, Asteroseismology's clever cousin!



Too fast or low amplitude
for our data for dwarfs

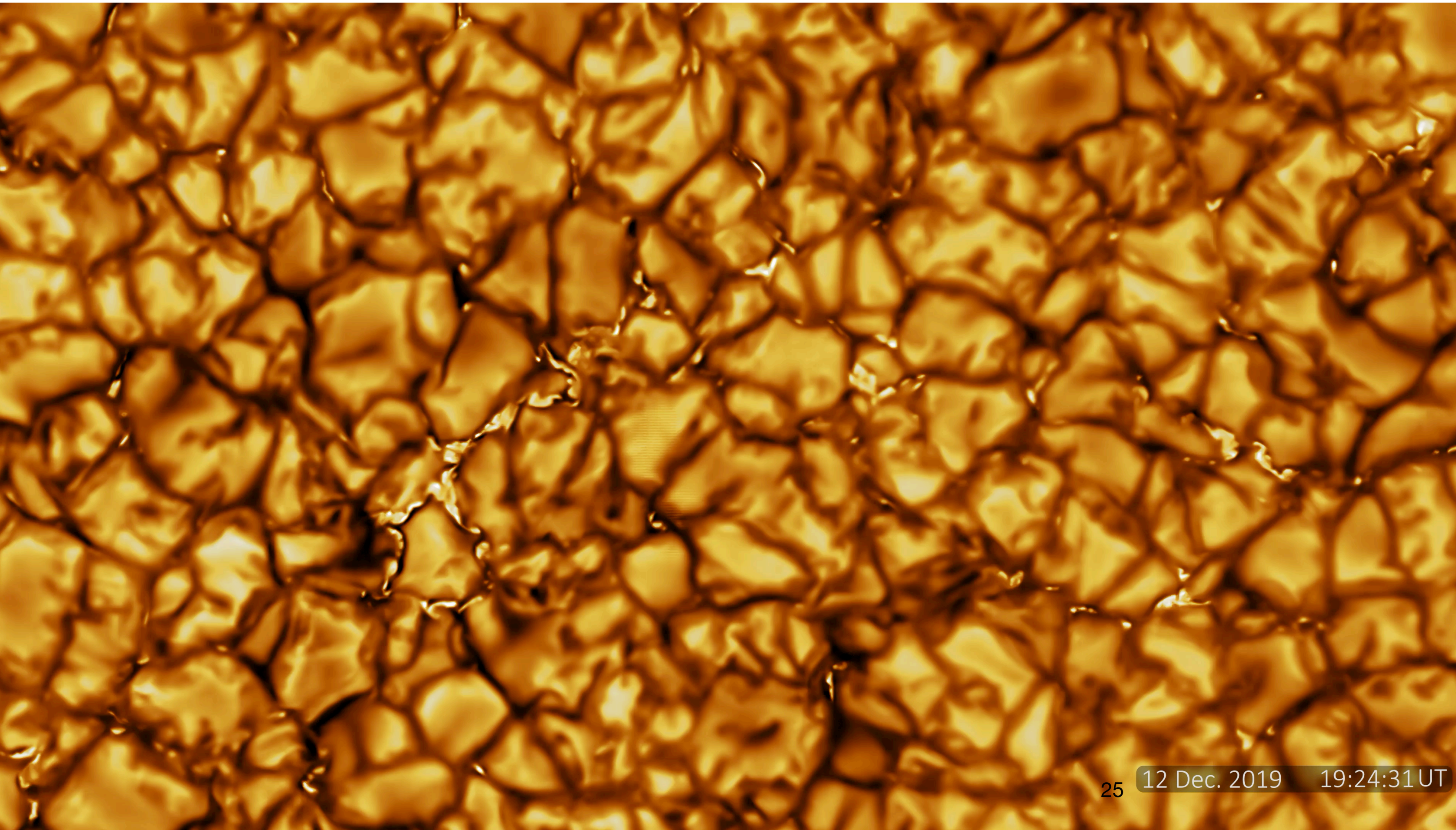


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Pulsation

- **Flicker**, Asteroseismology's clever cousin!

<https://nso.edu/telescopes/dkist/first-light-cropped-field-movie/>

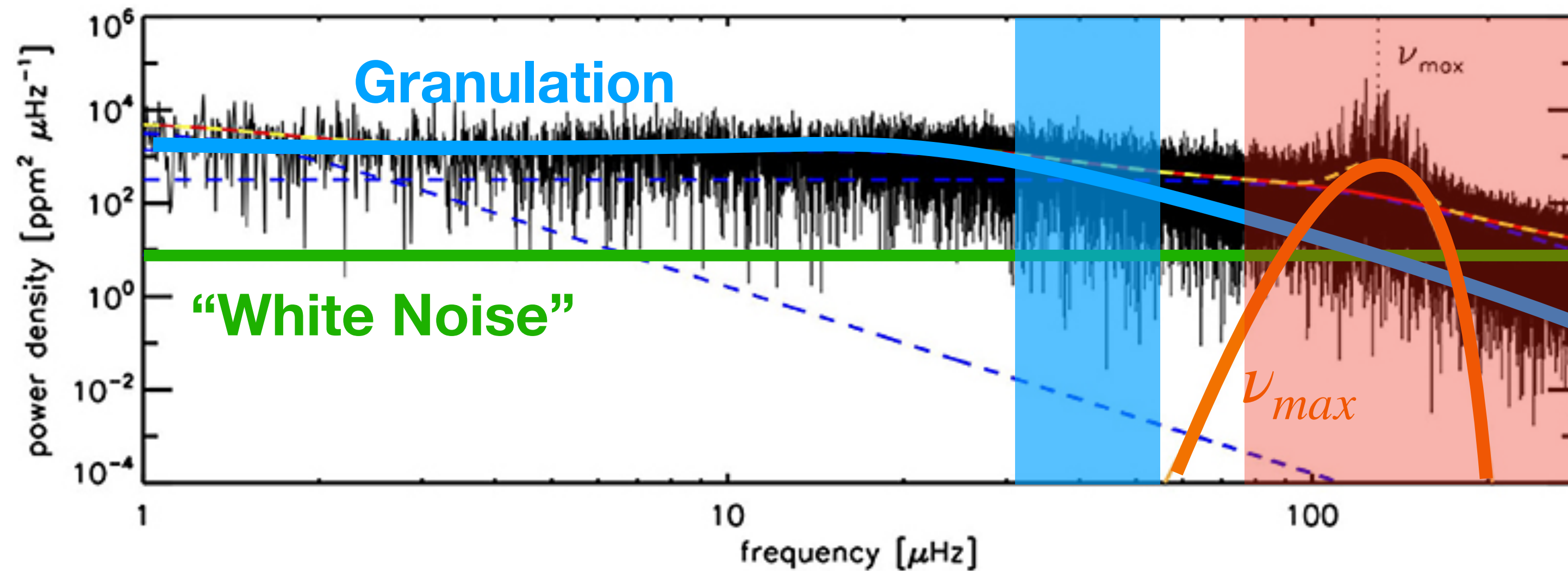


Granulation



Pulsation

- **Flicker**, Asteroseismology's clever cousin!
- Instead of detailed $\Delta\nu$, ν_{max} , just measure **variability on 8-hr timescales** due to granulation



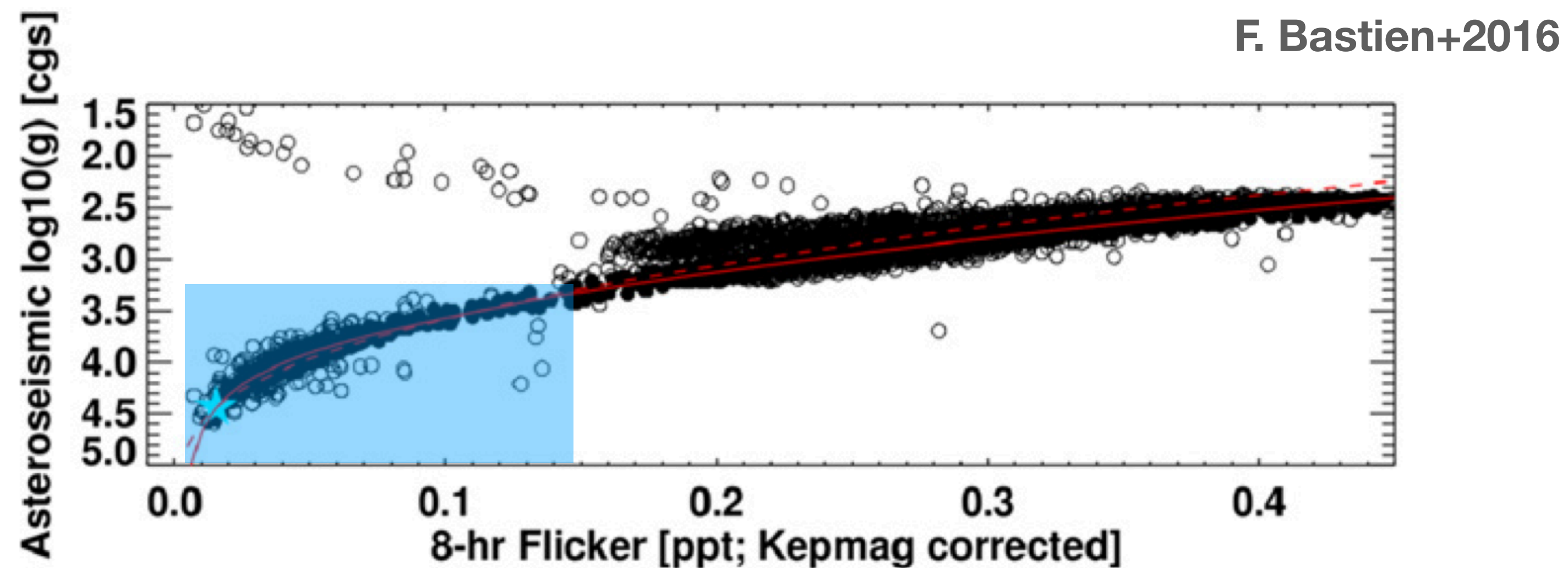
Too fast or low amplitude
for our data for dwarfs



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Pulsation

- **Flicker**, Asteroseismology's clever cousin!
- Instead of detailed $\Delta\nu$, ν_{max} , just measure **variability on 8-hr timescales** due to granulation



Works for main sequence stars!

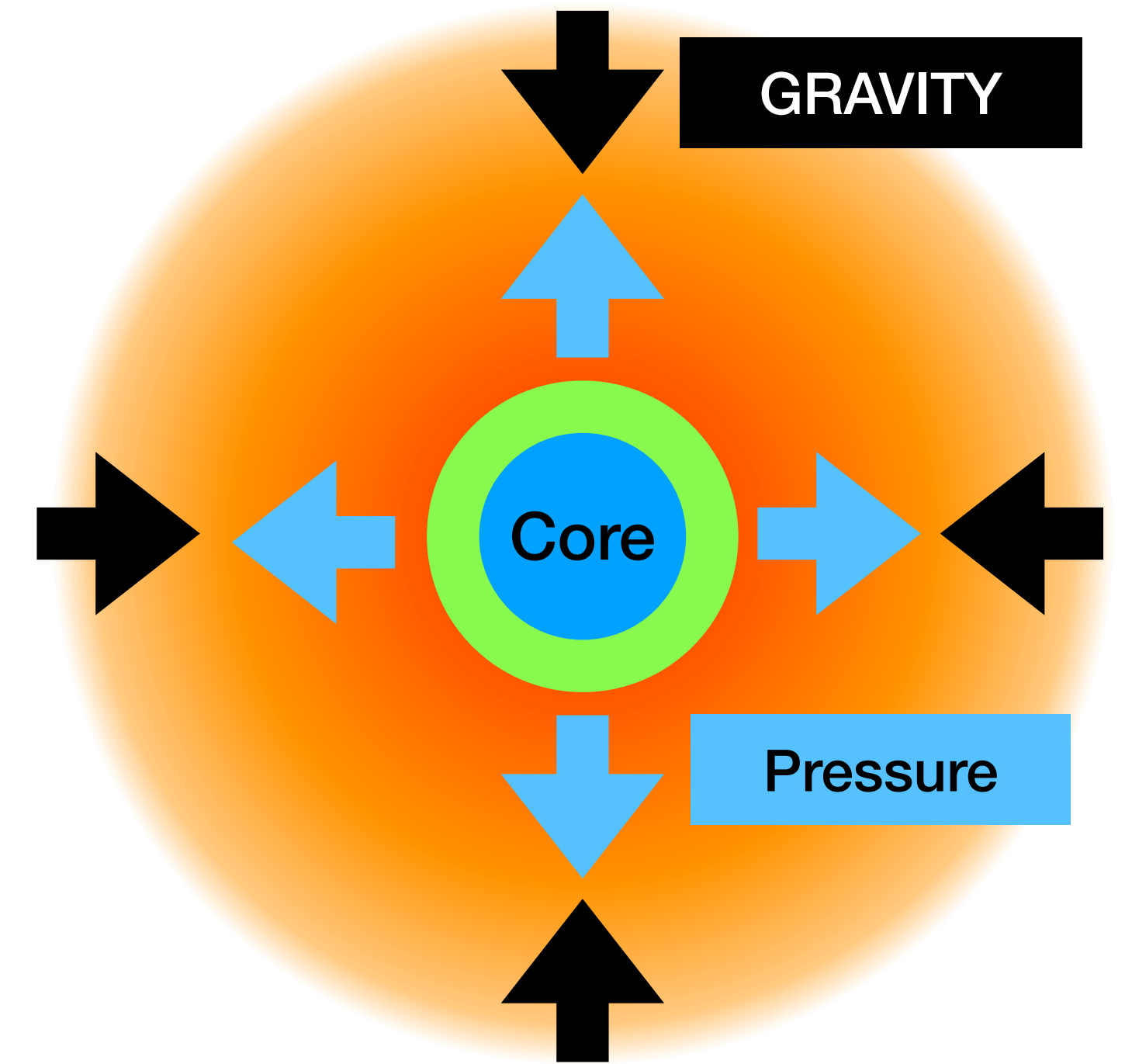
See also recent review by Van Kooten+2021



Pulsation

- **Radial Pulsators**

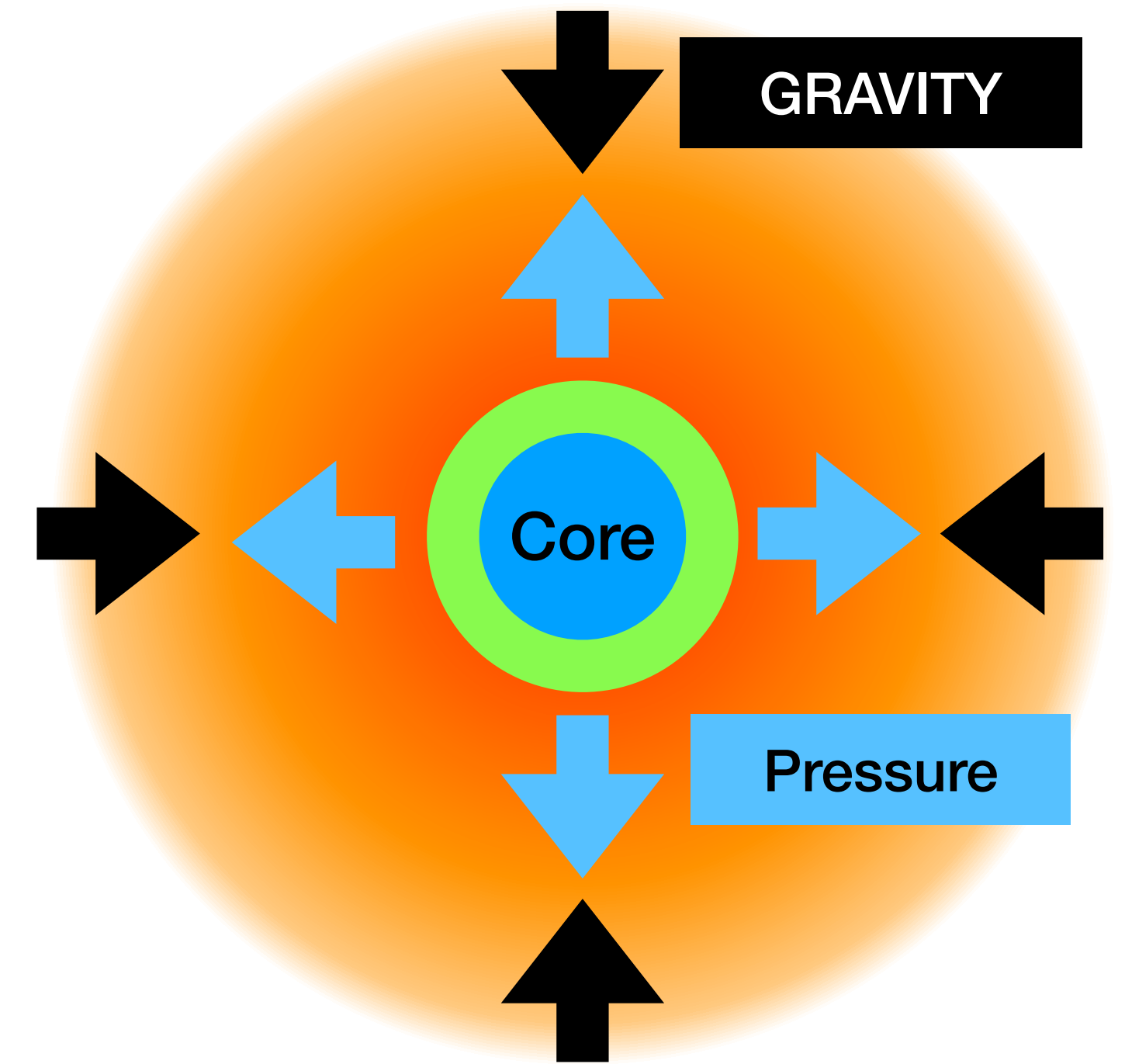
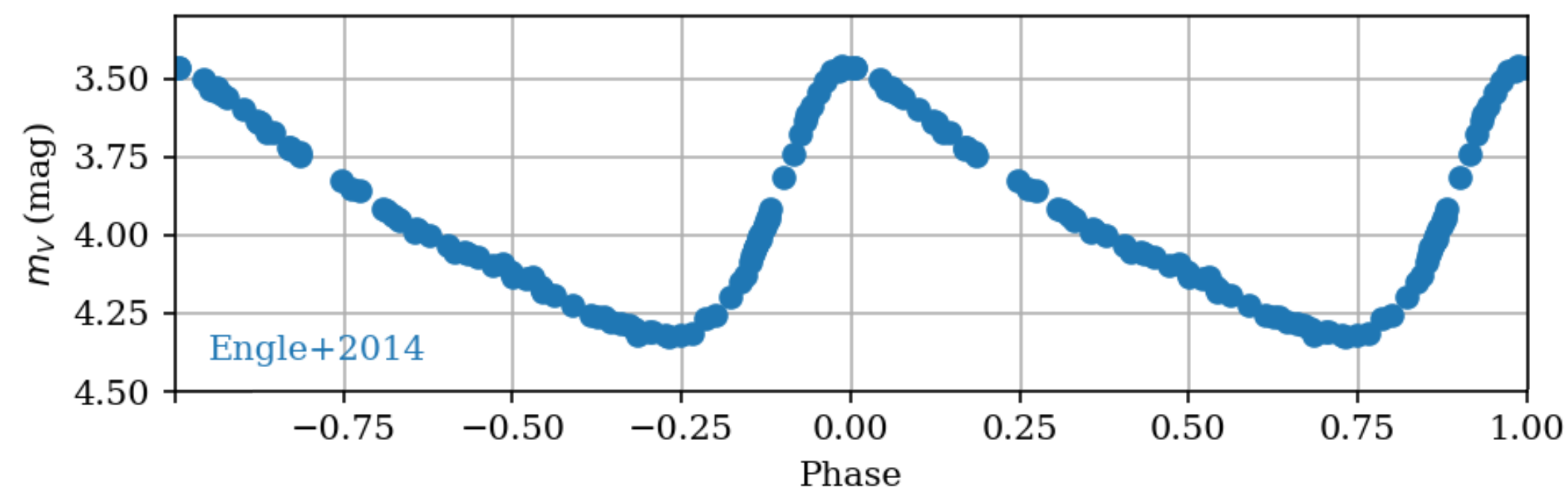
- 3 *primary* types:
RR Lyr, Cepheids (aka “ δ Cep”), δ Scuti variables
- Driven by the “Eddington Valve” (κ) mechanism,
requiring deep H and **He II ionization zones**



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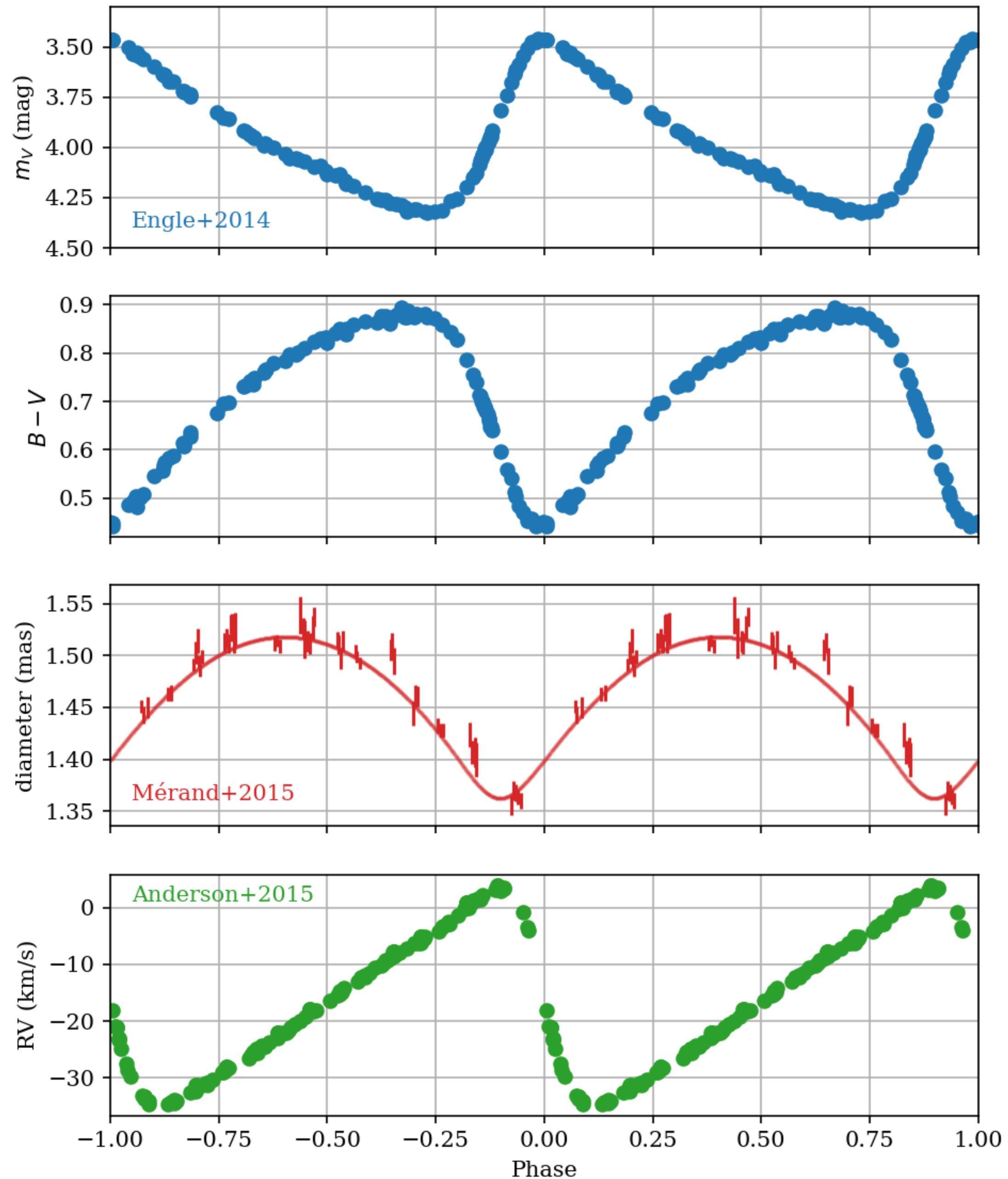
κ mechanism

- Opacity driven pulsation!
- Gas “falls” (gravity), density increases
- **Key oddity:** because of **partial ionization**, the Temp *doesn't increase as much as you expect*, so increased ρ leads to *increased opacity (κ)*
- This increases radiation pressure, as expected, moves ionization zones, surface expands...



κ mechanism

- The H ionization layer (above) lags the He II layer, resulting in a *phase offset* between **peak brightness** and **minimum radius**

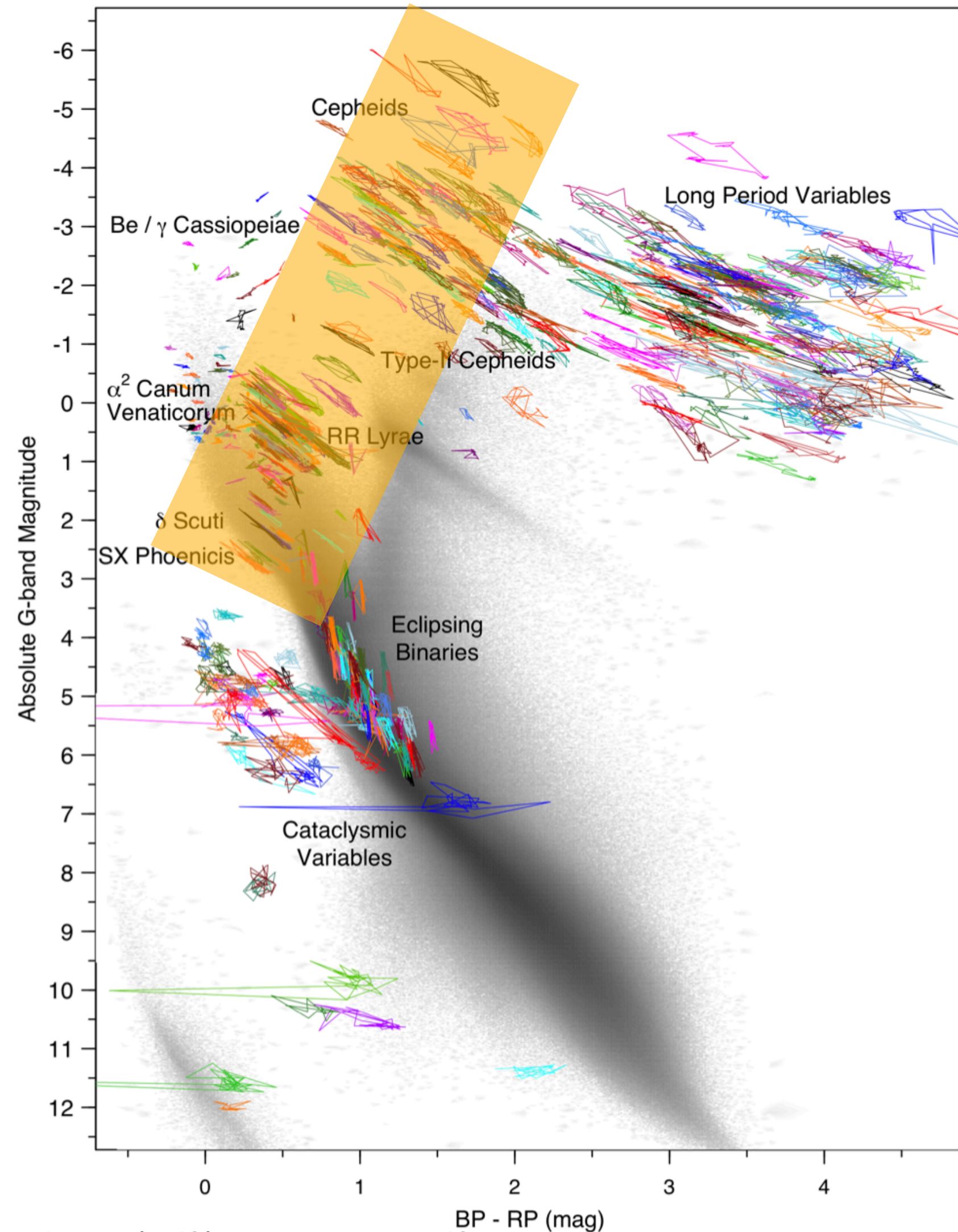


See also BOB, Fig 14.7



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Pulsators on the CMD



- The “**instability strip**”, the sweet spot where the He and H ionization layers are sufficiently strong and deep to drive pulsations

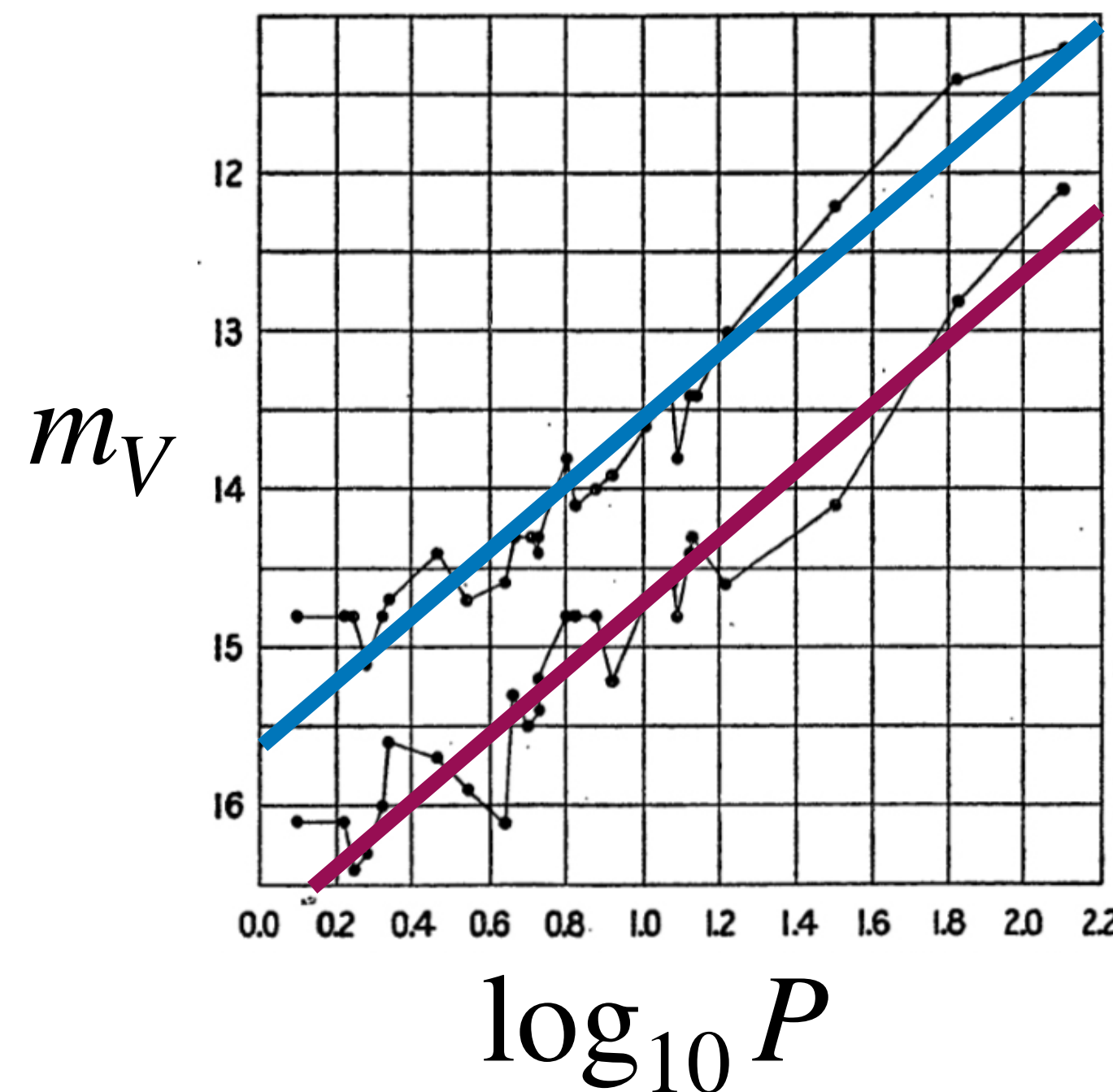


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Period - Luminosity Relationship

“Leavitt Law”

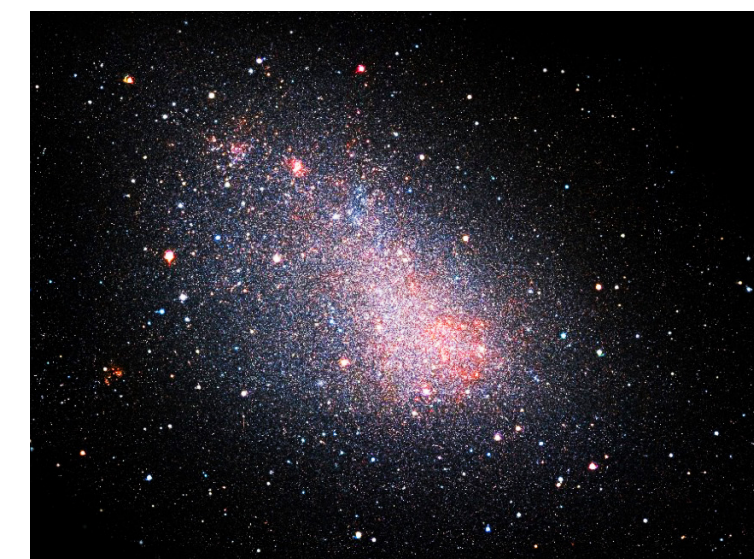
- Radial pulsations are driven as sound (pressure) waves to surface, **larger stars will take longer to pulsate!**
- This makes the pulsation period *very* useful for estimating luminosity



LMC, 50kpc

SMC, 62kpc

Leavitt (1912)

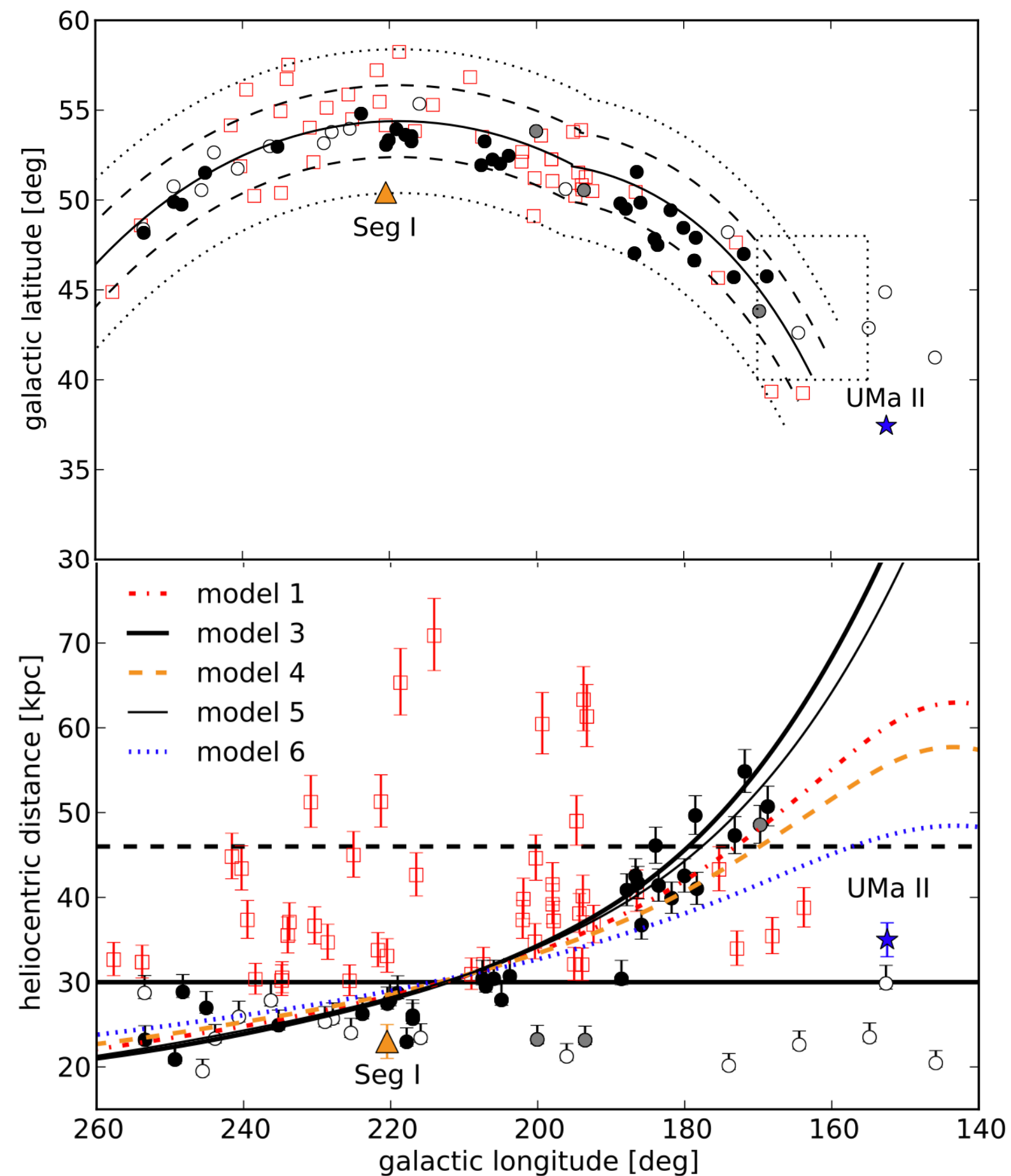


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Period - Luminosity Relationship

“Leavitt Law”

- Can trace structure within our Galaxy!



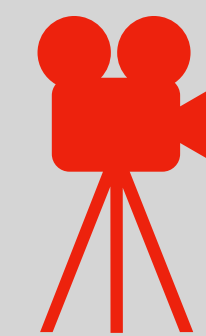
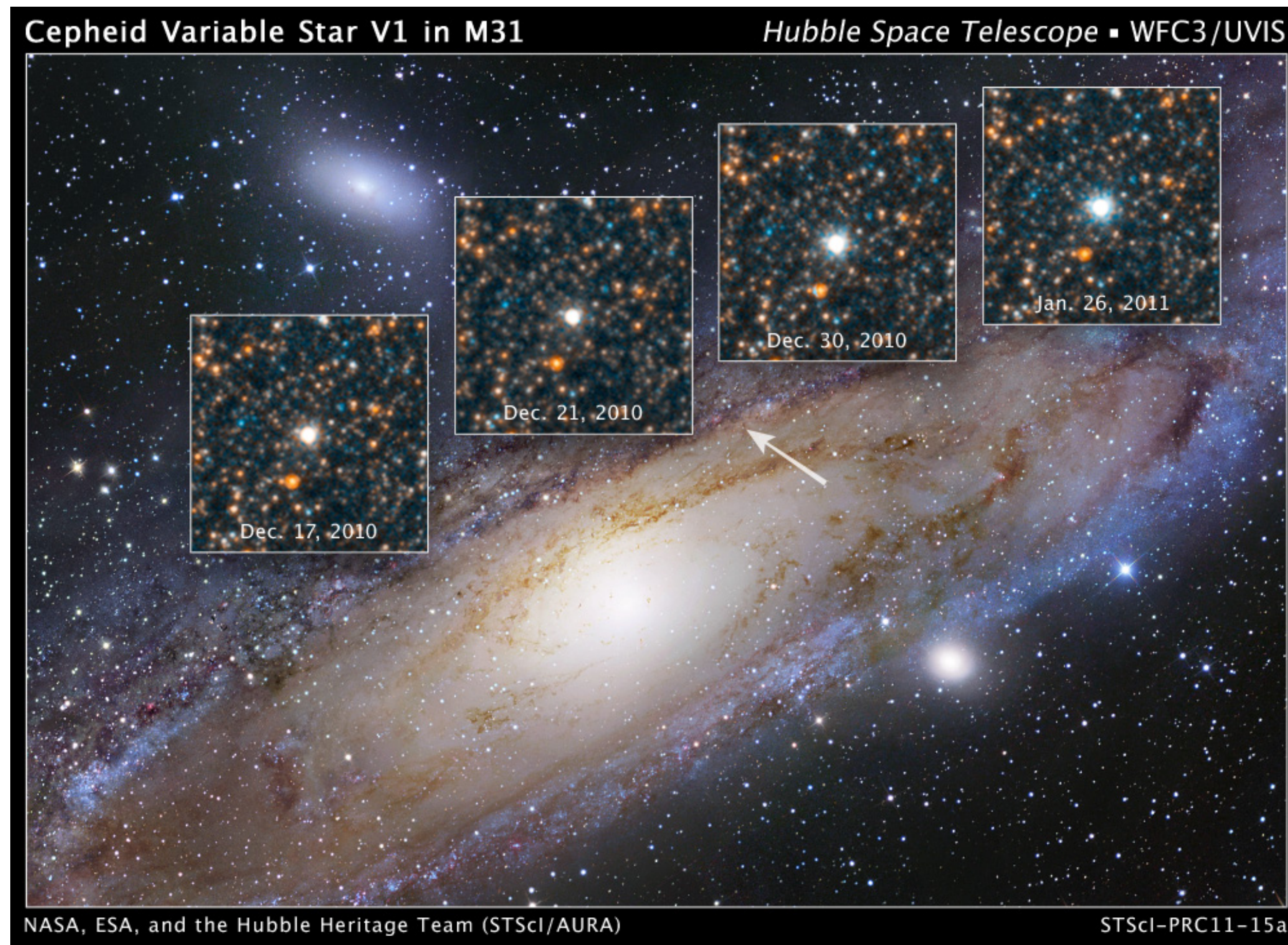
Tracing the “Orphan Stream” with RR Lyr stars
Sesar+2013



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Anchoring the cosmic distance ladder

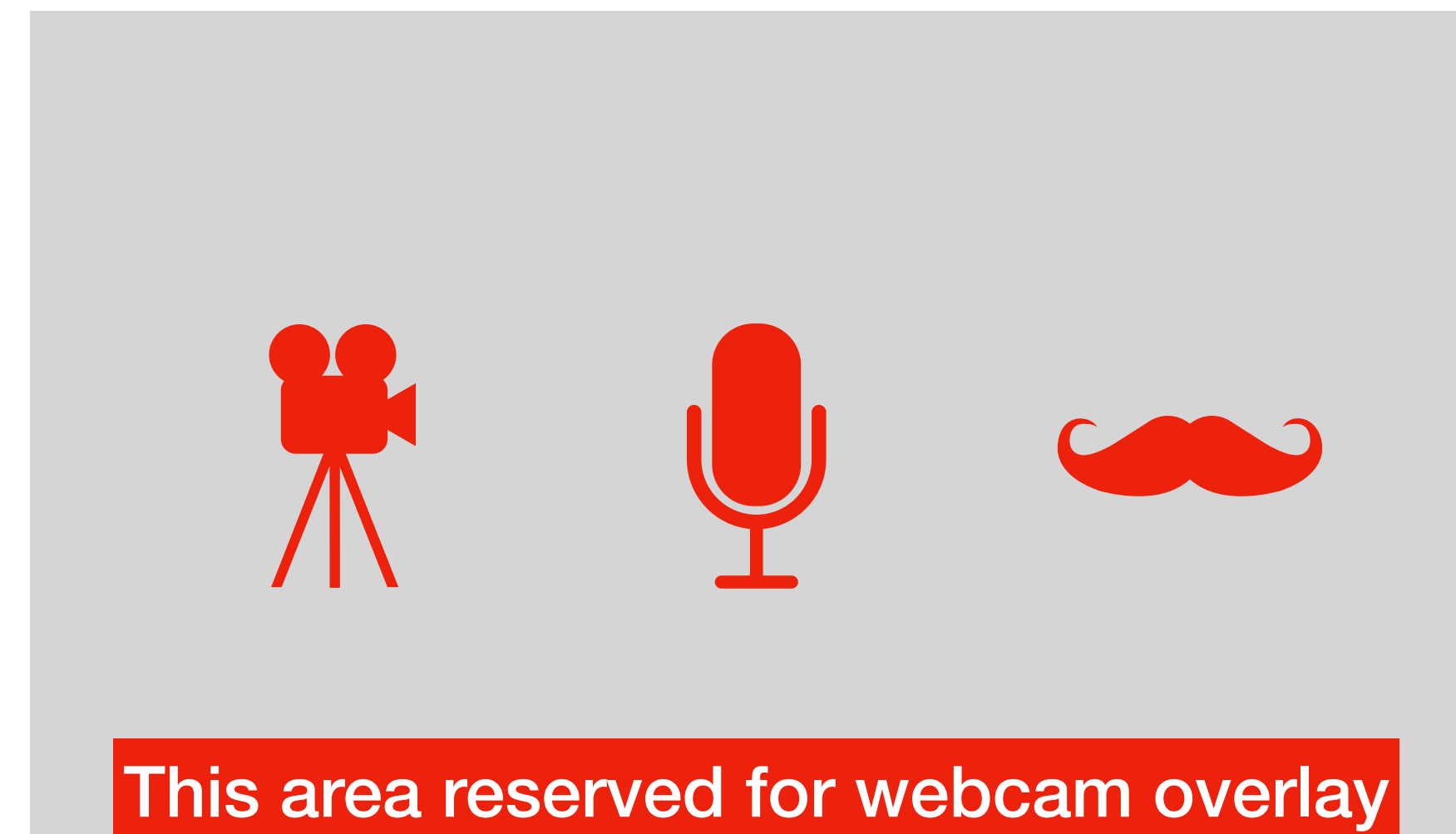
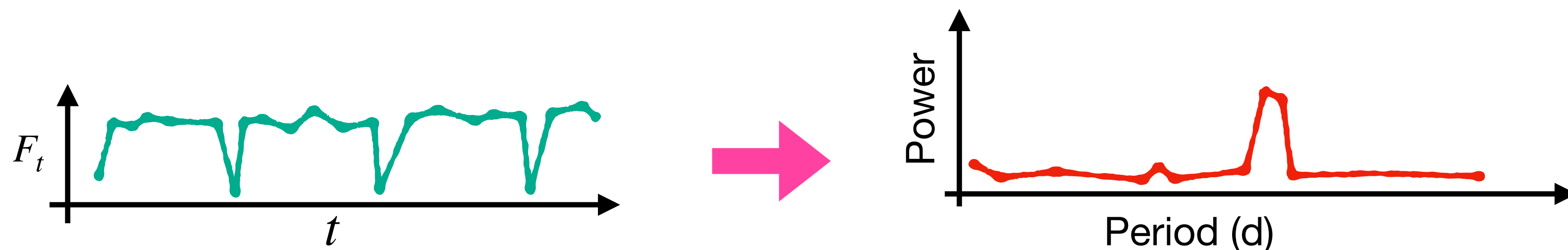
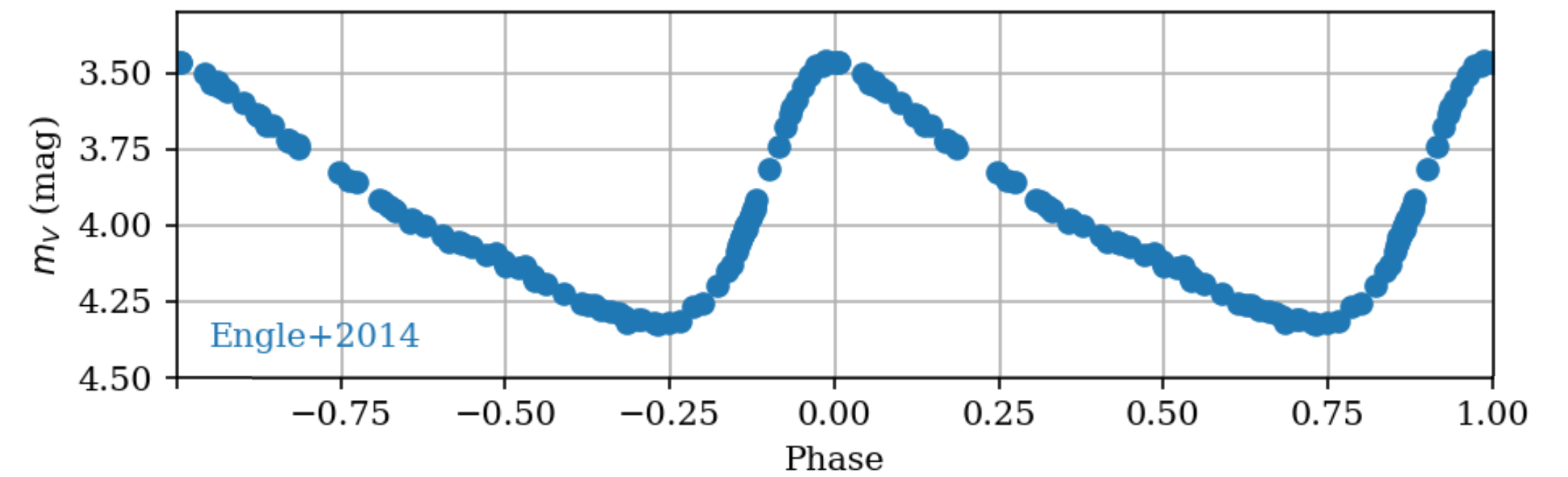
- “... the most important star in the history of cosmology”
-Dave Soderblom



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Finding Pulsators

- **Strongly periodic!**
- Periods are very stable (though not *perfectly stable*, see [Turner+2006](#) for \dot{P}) so can combine data even if very irregularly sampled in time
- Look fairly sinusoidal, can use “Lomb-Scargle Periodogram” to recover them
- L-S is a *power spectral density estimator*, which assumes sinusoidal shape (like the FFT), but allows sparse/uneven sampling (unlike FFT!)... and is very fast!



Homework 5

- Exploring RR Lyr from ZTF!

